

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:21.21	567	H	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Leighton Buz	1
5:23.88	553	H	30/04/17	ASA East Long Course Championships	Luton	Leighton Buz	1
5:24.96	547	H	01/05/16	ASA East Region Long Course Championships	Norwich	Leighton Buz	1
5:27.09	537	H	30/01/16	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	1
5:27.09	537	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	1
5:29.54	525	H	01/02/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Leighton Buz	1
5:31.29	516	H	30/03/19	Team Luton March Open Meet	Luton	Leighton Buz	1
5:37.55	488	H	07/03/15	Bedfordshire ASA County Championships	Luton	Leighton Buz	1
6:33.82	307	F	11/02/12	Wycombe District Open Meet 2012	Wycombe	Leighton Buz	1

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