

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.65	610	H	02/07/17	ASAER Inter County Competition	Luton	Bedfordshire	1
2:30.49	588	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Leighton Buz	1
2:30.49	588	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Leighton Buz	1
2:32.18	569	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	1
2:32.83	561	F	01/05/17	ASA East Long Course Championships	Luton	Leighton Buz	1
2:33.07	559	H	01/05/17	ASA East Long Course Championships	Luton	Leighton Buz	1
2:33.16	558	H	27/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	Leighton Buz	1
2:33.16	558	H	27/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	Leighton Buz	1
2:33.65	553	H	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Leighton Buz	1
2:34.02	549	H	04/11/17	East Region Winter Championships	Norwich	Leighton Buz	1
2:34.41	544	H	22/03/15	Bedfordshire ASA County Championships	Luton	Leighton Buz	1
2:34.81	540	H	25/01/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Leighton Buz	1
2:34.83	540	H	04/05/15	ASA East Region Summer Championships Weekend 1	Luton	Leighton Buz	1
2:35.60	532	H	31/03/19	Team Luton March Open Meet	Luton	Leighton Buz	1
2:35.63	532	H	06/10/18	Corby 4th Annual Long Course Open Meet	Corby	Leighton Buz	3
2:36.00	528	F	04/05/15	ASA East Region Summer Championships Weekend 1	Luton	Leighton Buz	1
2:36.00	528	H	02/05/16	ASA East Region Long Course Championships	Norwich	Leighton Buz	1
2:37.89	509	H	27/01/24	Bedfordshire County Championships 2024	Luton	Dunstable	1
2:39.51	494	H	04/05/14	ASA East Region Youth Championships	Luton	Leighton Buz	1

Swims in Date Order

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2:37.89	509	H	27/01/24	Bedfordshire County Championships 2024	Luton	Dunstable	1
2:34.81	540	H	25/01/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Leighton Buz	1
2:35.60	532	H	31/03/19	Team Luton March Open Meet	Luton	Leighton Buz	1
2:33.65	553	H	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Leighton Buz	1

2:35.63	532	H	06/10/18	Corby 4th Annual Long Course Open Meet	Corby	Leighton Buz	3
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