

Individual Best Times (All Time)

Benjamin Whitbourn - (393080) - Dereham & District SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.52	488	H	03/05/14	ASA East Region Youth Championships	Luton	Dereham	1
1:06.97	457	F	02/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	Dereham	1
1:07.18	453	H	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Dereham	1
1:08.07	435	H	04/05/13	ASA East Region Youth Championships	Luton	Dereham	1
1:08.48	427	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Dereham	1
1:08.50	427	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Dereham	1
1:08.73	423	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Dereham	1
1:08.88	420	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Dereham	1
1:10.82	386	H	08/04/12	UEA City of Norwich Easter Meet	Norwich	Dereham	1
1:11.77	371	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Dereham	1
1:13.38	347	H	04/12/10	Northampton Winter Fest	Corby	Dereham	1
1:14.80	328	F	07/06/09	East Region BAGCATS	UEA Norwich	Dereham	1
1:15.19	323	H	07/06/09	East Region BAGCATS	UEA Norwich	Dereham	1
1:17.00	300	F	08/06/08	East Region Bagcat Champs	Norwich	Dereham	1
1:18.39	285	H	08/05/10	Radford Annual Open Meet	Sheffield	Dereham	1
1:19.48	273	H	08/06/08	East Region Bagcat Champs	Norwich	Dereham	1
1:27.74	203	H	03/06/07	East Region BAGCAT Champs	Norwich	Dereham	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.52	488	H	03/05/14	ASA East Region Youth Championships	Luton	Dereham	1
1:07.18	453	H	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Dereham	1
1:08.48	427	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Dereham	1
1:06.97	457	F	02/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	Dereham	1
1:08.07	435	H	04/05/13	ASA East Region Youth Championships	Luton	Dereham	1
1:08.88	420	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Dereham	1

1:08.73	423	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Dereham	1
1:08.50	427	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Dereham	1
1:10.82	386	H	08/04/12	UEA City of Norwich Easter Meet	Norwich	Dereham	1
1:11.77	371	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Dereham	1
1:13.38	347	H	04/12/10	Northampton Winter Fest	Corby	Dereham	1
1:18.39	285	H	08/05/10	Radford Annual Open Meet	Sheffield	Dereham	1
1:14.80	328	F	07/06/09	East Region BAGCATS	UEA Norwich	Dereham	1
1:15.19	323	H	07/06/09	East Region BAGCATS	UEA Norwich	Dereham	1
1:17.00	300	F	08/06/08	East Region Bagcat Champs	Norwich	Dereham	1
1:19.48	273	H	08/06/08	East Region Bagcat Champs	Norwich	Dereham	1
1:27.74	203	H	03/06/07	East Region BAGCAT Champs	Norwich	Dereham	1