

Individual Best Times (All Time)

Verity Howell - (391142) - Neptune (Leicester) SC - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.49	323		03/03/13	Leicestershire County Championships	Loughborough	Leicester Ne	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.49	323		03/03/13	Leicestershire County Championships	Loughborough	Leicester Ne	1