

Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.93	557	F	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:18.34	548	F	07/07/17	Scottish Summer Meet	Edinburgh	Shetland	1
1:18.64	542	F	07/02/17	North District Age Group Championships 2017	Aberdeen	Lerwick	1
1:18.70	541	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
1:18.72	540	H	13/07/18	Scottish Summer Meet 2018	Aberdeen	Shetland	1
1:18.79	539	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:18.93	536	H	07/07/17	Scottish Summer Meet	Edinburgh	Shetland	1
1:19.02	534	F	13/07/18	Scottish Summer Meet 2018	Aberdeen	Shetland	1
1:20.02	514	H	01/04/18	Scottish National Age Group Championships	Tollcross	Shetland	1
1:20.14	512	H	07/02/17	North District Age Group Championships 2017	Aberdeen	Lerwick	1
1:21.37	489	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Shetland	1
1:22.10	476	H	01/07/16	Scottish National Open Championships	Glasgow	Lerwick	1
1:25.18	426	H	13/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	Co Glasgow	1
1:25.56	421	H	08/03/15	North District Age Group Championships	Aberdeen	Lerwick	1
1:26.40	408	F	08/03/15	North District Age Group Championships	Aberdeen	Lerwick	1

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