

# Individual Best Times (All Time)

Jarvis Parkinson - (387445) - Chelsea & Westminster SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.70	751	F	17/04/15	British Championships 2015	London		1
4:29.60	727	H	11/04/14	British Gas Championships 2014	Glasgow	Armthorpe	1
4:30.41	721	F	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:31.50	712	H	17/04/15	British Championships 2015	London		1
4:33.17	699	H	09/05/15	Energy Standard Cup 2015	Lignano, Italy	Armthorpe	1
4:33.77	694	H	27/06/15	Baku 2015 European Games	Baku		1
4:35.68	680	F	09/03/13	British Gas International 2013	Leeds	Armthorpe	1
4:35.76	680	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:35.87	679	H	25/07/14	National Youth Team Championships	Portugal		1
4:36.88	671	F	28/07/13	BG ASA National Age Groups 2013	Sheffield	Armthorpe	1
4:40.68	644	H	09/03/13	British Gas International 2013	Leeds	Armthorpe	1
4:40.80	644	H	22/02/14	Yorkshire SA County Championships	Leeds	Armthorpe	1
4:40.87	643	H	23/02/13	Yorkshire Age Group Championships	Leeds	Armthorpe	1
4:41.17	641	H	28/07/13	BG ASA National Age Groups 2013	Sheffield	Armthorpe	1
4:41.67	638	F	25/07/14	National Youth Team Championships	Portugal		1
4:42.11	635	H	22/01/17	Flanders Speedo Cup 2017	Antwerp, Belgium		1
4:42.89	629	F	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Armthorpe	1
4:44.40	619	H	14/09/13	Sainsburys School Games 2013	Sheffield	Armthorpe	1
4:44.57	618	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Armthorpe	1
4:46.17	608	F	26/07/12	BG ASA National Age Groups Championships	Sheffield	Armthorpe	1
4:47.20	601	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Armthorpe	1
4:53.80	562	H	26/07/12	BG ASA National Age Groups Championships	Sheffield	Armthorpe	1
4:59.78	529	H	31/03/12	City of Sheffield Premier Meet	Sheffield	Armthorpe	1
5:02.47	515	H	25/02/12	Yorkshire County Championships	Leeds	Armthorpe	1
5:19.50	437	H	25/07/11	British Gas ASA NAG Championships 2011	Sheffield	Armthorpe	1
5:20.67	432	F	05/06/11	BG North East Region Bagcat Championships	Sheffield	Armthorpe	1
5:22.68	424	F	14/05/11	City of Manchester Aquatics Open Meet	Manchester	Armthorpe	1

5:22.66	424	F	14/05/11	City of Manchester Aquatics Open Meet	Manchester	Armthorpe	
5:27.23	406	H	05/06/11	BG North East Region Bagcat Championships	Sheffield	Armthorpe	1
5:31.57	391	H	26/02/11	Yorkshire County Championships	Leeds	Armthorpe	1
5:42.09	356	F	06/06/10	BG North East Bagcats	Sheffield	Armthorpe	1
5:42.60	354	H	01/08/10	British Gas Nat Age Grps	Sheffield	Armthorpe	1
5:43.10	353	H	06/06/10	BG North East Bagcats	Sheffield	Armthorpe	1
5:55.10	318	F	15/05/10	City of Manchester Open Meet	Manchester	Armthorpe	1
5:58.53	309	H	05/04/10	Derventio Excel Open 2010	Sheffield	Armthorpe	1
6:09.51	282	H	27/02/10	Yorkshire County Champs	Leeds	Armthorpe	1
6:29.07	242	H	07/06/09	ASNER Bagcat Championship	Sheffield	Armthorpe	1
6:44.81	214	H	28/02/09	Yorkshire County Champs	Leeds	Armthorpe	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.11	635	H	22/01/17	Flanders Speedo Cup 2017	Antwerp, Belgium		1
4:33.77	694	H	27/06/15	Baku 2015 European Games	Baku		1
4:33.17	699	H	09/05/15	Energy Standard Cup 2015	Lignano, Italy	Armthorpe	1
4:26.70	751	F	17/04/15	British Championships 2015	London		1
4:31.50	712	H	17/04/15	British Championships 2015	London		1
4:30.41	721	F	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:35.76	680	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:41.67	638	F	25/07/14	National Youth Team Championships	Portugal		1
4:35.87	679	H	25/07/14	National Youth Team Championships	Portugal		1
4:29.60	727	H	11/04/14	British Gas Championships 2014	Glasgow	Armthorpe	1
4:40.80	644	H	22/02/14	Yorkshire SA County Championships	Leeds	Armthorpe	1
4:44.57	618	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Armthorpe	1
4:44.40	619	H	14/09/13	Sainsburys School Games 2013	Sheffield	Armthorpe	1
4:36.88	671	F	28/07/13	BG ASA National Age Groups 2013	Sheffield	Armthorpe	1
4:41.17	641	H	28/07/13	BG ASA National Age Groups 2013	Sheffield	Armthorpe	1
4:35.68	680	F	09/03/13	British Gas International 2013	Leeds	Armthorpe	1
4:40.68	644	H	09/03/13	British Gas International 2013	Leeds	Armthorpe	1
4:40.87	643	H	23/02/13	Yorkshire Age Group Championships	Leeds	Armthorpe	1
4:42.89	629	F	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Armthorpe	1
4:47.20	601	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Armthorpe	1
4:46.17	608	F	26/07/12	BG ASA National Age Groups Championships	Sheffield	Armthorpe	1
4:53.80	562	H	26/07/12	BG ASA National Age Groups Championships	Sheffield	Armthorpe	1
4:59.78	529	H	31/03/12	City of Sheffield Premier Meet	Sheffield	Armthorpe	1
5:02.47	515	H	25/02/12	Yorkshire County Championships	Leeds	Armthorpe	1
5:19.50	437	H	25/07/11	British Gas ASA NAG Championships 2011	Sheffield	Armthorpe	1
5:20.67	432	F	05/06/11	BG North East Region Bagcat Championships	Sheffield	Armthorpe	1
5:27.23	406	H	05/06/11	BG North East Region Bagcat Championships	Sheffield	Armthorpe	1
5:22.68	424	F	14/05/11	City of Manchester Aquatics Open Meet	Manchester	Armthorpe	1
5:31.57	391	H	26/02/11	Yorkshire County Championships	Leeds	Armthorpe	1
5:42.60	354	H	01/08/10	British Gas Nat Age Grps	Sheffield	Armthorpe	1
5:42.09	356	F	06/06/10	BG North East Bagcats	Sheffield	Armthorpe	1
5:43.10	353	H	06/06/10	BG North East Bagcats	Sheffield	Armthorpe	1
5:55.10	318	F	15/05/10	City of Manchester Open Meet	Manchester	Armthorpe	1
5:58.53	309	H	05/04/10	Derventio Excel Open 2010	Sheffield	Armthorpe	1
6:09.51	282	H	27/02/10	Yorkshire County Champs	Leeds	Armthorpe	1
6:29.07	242	H	07/06/09	ASNER Bagcat Championship	Sheffield	Armthorpe	1
6:44.81	214	H	28/02/09	Yorkshire County Champs	Leeds	Armthorpe	2