

Individual Best Times (All Time)

Ryan Sykes - (371207) - West Norfolk Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:08.08	487	H	04/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
5:11.66	471	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	West Norfolk	1
5:12.21	468	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:11.66	471	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	West Norfolk	1
5:08.08	487	H	04/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
5:12.21	468	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1