

# Individual Best Times (All Time)

Lauren Wilson - (365315) - Boldmere Swimming and Water Polo - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.94	557	H	16/05/15	Northampton Spring Festival	Corby		1
4:47.45	549	H	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
4:47.92	546	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Boldmere	1
4:48.96	540	H	11/04/15	Derventio Excel 9th Open Meet	Sheffield		1
4:51.29	527	H	27/02/16	Warwickshire ASA Championships	Coventry	Boldmere	1
4:55.51	505	H	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield		1
4:57.52	495	H	15/03/14	Warwickshire County Championships	Coventry	Boldmere	1
4:57.73	494	H	08/06/14	Midland Age Group Championships 2014	Coventry	Boldmere	1
4:57.73	494	H	08/06/14	Midland Age Group Championships 2014	Coventry	Boldmere	1
5:06.56	452	F	30/07/13	Swim Wales Summer Nationals	Swansea	Boldmere	1
5:18.31	404	H	17/03/12	Warwickshire County Championships	Coventry	Boldmere	1
5:42.70	324	H	19/03/11	Warwickshire County Championships	Coventry	Boldmere	1
6:05.71	266	H	20/03/10	Warwickshire County Champs	Coventry	Boldmere	1

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