

Individual Best Times (All Time)

Amber Swales - (364463) - Biggleswade SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.90	606	H	30/04/11	BG East Region Championships	Norwich	Biggleswade	1
27.91	605	F	15/04/12	Radford SC 30th Open Meet	Sheffield	Biggleswade	1
28.06	595	H	15/04/12	Radford SC 30th Open Meet	Sheffield	Biggleswade	1
28.14	590	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Biggleswade	1
28.14	590	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Biggleswade	1
28.23	584	H	31/07/11	British Gas ASA National Youth Champs	Sheffield	Biggleswade	1
28.23	584	F	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
28.26	583	H	02/04/11	Derventio Excel Open Meet	Sheffield	Biggleswade	1
28.33	578	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Biggleswade	1
28.36	576	H	30/01/11	East, East Midland & West Midland Zonal	Corby	Biggleswade	1
28.36	576	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Biggleswade	1
28.38	575	H	05/05/12	ASA East Region Youth Championships	Basildon	Biggleswade	1
28.38	575	F	05/05/12	ASA East Region Youth Championships	Basildon	Biggleswade	1
28.38	575	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Biggleswade	1
28.43	572	F	30/04/11	BG East Region Championships	Norwich	Biggleswade	1
28.52	567	F	18/12/10	Hillingdon Winter Meet	Hillingdon	Biggleswade	1
28.54	566	H	04/04/10	City of Norwich Easter Meet	Norwich	Biggleswade	1
28.55	565	F	09/05/10	Radford Annual Open Meet	Sheffield	Biggleswade	1
28.58	563	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Biggleswade	1
28.62	561	H	28/01/12	ASA Central Zone Meet	Corby	Biggleswade	1
28.69	557	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
28.73	554	H	26/01/13	ASA Central Region Zonal Competition	Corby	Biggleswade	1
28.76	553	H	06/08/10	British Gas Youth Champs	Sheffield	Biggleswade	1
28.80	550	H	03/05/14	ASA East Region Youth Championships	Luton	Biggleswade	1
28.83	549	H	09/05/10	Radford Annual Open Meet	Sheffield	Biggleswade	1
28.85	548	H	04/05/13	ASA East Region Youth Championships	Luton	Biggleswade	1
28.88	545	H	15/12/10	Northampton SC Winter Festival Open Meet	Corby	Biggleswade	1

28.90	543	H	13/12/12	Northampton SC Winter Festival Open Meet	Corby	Biggleswade	
28.95	542	H	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Biggleswade	1
28.96	541	H	07/12/13	ASA East Regionals Winter Championships	Norwich	Biggleswade	1
29.09	534	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
29.09	534	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
29.17	530	F	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
29.17	530	F	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
29.23	526	H	01/05/10	East Region Youth Champs	Norwich	Biggleswade	1
29.37	519	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Biggleswade	1
29.41	517	H	21/03/15	Bedfordshire ASA County Championships	Luton	Biggleswade	1
30.48	464	H	11/01/09	City of Derby Open Meet	Sheffield	Biggleswade	1

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28.23	584	F	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
28.69	557	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
29.17	530	F	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
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29.09	534	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
29.41	517	H	21/03/15	Bedfordshire ASA County Championships	Luton	Biggleswade	1
28.80	550	H	03/05/14	ASA East Region Youth Championships	Luton	Biggleswade	1
28.95	542	H	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Biggleswade	1
29.37	519	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Biggleswade	1
28.96	541	H	07/12/13	ASA East Regionals Winter Championships	Norwich	Biggleswade	1
28.85	548	H	04/05/13	ASA East Region Youth Championships	Luton	Biggleswade	1
28.73	554	H	26/01/13	ASA Central Region Zonal Competition	Corby	Biggleswade	1
28.90	545	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Biggleswade	1
28.38	575	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Biggleswade	1
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