

# Individual Best Times (All Time)

Emily Yap - (363329) - Taunton Deane SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:43.34	573	F	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	TauntonDeane	1
4:46.35	555	H	16/06/12	British Gas South West Region AG Champs	Millfield	TauntonDeane	1
4:46.98	551	F	14/04/12	Taunton Deane Easter Open Meet	Millfield	TauntonDeane	1
4:47.07	551	H	13/01/13	City of Derby 12th Long Course Open Meet	Sheffield	TauntonDeane	1
4:51.18	528	H	23/07/12	BG ASA National Age Groups Championships	Sheffield	TauntonDeane	1
4:52.25	522	H	28/01/12	ASA South Zonal Meet	Millfield	TauntonDeane	1
4:52.92	518	F	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	TauntonDeane	1
4:53.47	515	H	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	TauntonDeane	1
5:00.63	479	H	12/06/11	BG South West Region Championships	Street	TauntonDeane	1
5:10.66	434	H	13/06/10	South West Age Groups	Millfield	TauntonDeane	1
5:16.94	409	F	19/12/10	Plymouth Leander Open	Millfield	TauntonDeane	1
5:23.66	384		23/01/10	Exeter City New Year Meet	Millfield	TauntonDeane	1
5:23.72	384		20/12/09	Plymouth Leander Open Mt	Millfield	TauntonDeane	1
5:48.61	307		18/04/09	Taunton Deane Easter Meet	Millfield	TauntonDeane	2

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