## **Individual Best Times (All Time)**

Kate McQuaid - (363301) - Hatfield SC - 50 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
35.06	575	Н	27/06/14	British Gas International Swimming Meet 2014	Manchester		1
35.07	574	F	03/05/14	ASA East Region Youth Championships	Luton	Hatfield	1
35.12	572	Н	06/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
35.27	565	F	28/06/14	British Gas International Swimming Meet 2014	Manchester		1
35.35	561	Н	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
35.35	561	Н	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
35.40	558	Н	03/05/14	ASA East Region Youth Championships	Luton	Hatfield	1
35.40	558	F	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
35.59	550	Н	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Hatfield	1
35.69	545	Н	07/12/13	ASA East Regionals Winter Championships	Norwich	Hatfield	1
35.71	544	F	25/07/15	Scottish Summer Meet 2015	Edinburgh	Hatfield	1
35.95	533	Н	25/07/15	Scottish Summer Meet 2015	Edinburgh	Hatfield	1
36.11	526	Н	05/02/16	Derventio Excel February Festival 2016	Sheffield	Hatfield	1
36.12	526	Н	09/02/14	Derventio Excel February Festival	Sheffield	Hatfield	1
36.19	523	Н	06/04/14	Scottish Gas National Open Championships	Glasgow	Hatfield	1
36.19	523	Н	07/02/15	Derventio Excel February Festival	Sheffield		1
36.20	522	Н	16/07/16	Scottish Summer Meet	Aberdeen	Hatfield	1
36.30	518	F	16/07/16	Scottish Summer Meet	Aberdeen	Hatfield	1
36.40	514	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Hatfield	1
36.45	511	Н	30/04/16	ASA East Region Long Course Championships	Norwich	Hatfield	1
36.63	504	Н	25/01/15	Burns Open Meet 2015	Sheffield		1
36.67	502	Н	26/01/14	Central Zonal Meet 2014	Corby	Hatfield	1
37.24	480	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	Hatfield	1
37.61	466	Н	10/02/13	Derventio February Festival	Sheffield	Hatfield	1
37.66	464	Н	16/11/13	Team Luton Autumn LC Open Meet	Luton	Hatfield	1
37.95	453	Н	27/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
right 202	440	П	17/11/10	Toom Luten Inquestral Long Course Most	Luton	Powered By SPOR	TSYS <sup>†</sup> F

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30.07	449	П	1//11/14	ream Luton maugural Long Course weet	LUIUII	пашеш	raye 212
38.08	449	F	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Hatfield	3
38.11	447	Н	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Hatfield	1
38.30	441	F	27/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
38.86	422	Н	02/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Hatfield	1
41.59	344	Н	03/10/10	Robin Hood 30th Open Meet	Sheffield	Hatfield	1

## Swims in Date Order

36.20 522 H 16/07/16 Scottish 36.45 511 H 30/04/16 ASA Ea 35.59 550 H 27/03/16 Basildo 36.11 526 H 05/02/16 Derven 35.71 544 F 25/07/15 Scottish 35.95 533 H 25/07/15 Scottish 35.40 558 F 02/05/15 ASA Ea 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.40 558 H 03/05/14 ASA Ea 35.36 561 H 05/04/15 Derven 36.63 504 H 25/01/15 Burns 0 36.63 504 H 25/01/15 Burns 0 36.63 504 H 25/01/15 Burns 0 36.67 572 H 06/08/14 British 0 36.27 565 F 28/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 19 of 10 38.11 447 H 15/01/12 City of 10 38.11 447 H 15/01/12 City of 10 38.11	Meet	Venue	Club Swam Under	Level
36.45 511 H 30/04/16 ASA Ea 35.59 550 H 27/03/16 Basildo 36.11 526 H 05/02/16 Derven 35.71 544 F 25/07/15 Scottish 35.95 533 H 25/07/15 Scottish 35.95 533 H 25/07/15 ASA Ea 35.35 561 H 02/05/15 ASA Ea 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 07/02/15 Derven 36.67 502 H 06/04/14 Scottish 36.19 523 H 06/04/14 Scottish 36.10 523 H 06/04/14 Scottish 36.11 526 H 09/02/14 Derven 36.12 526 H 09/02/14 Derven 36.13 506 575 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of the	n Summer Meet	Aberdeen	Hatfield	1
35.59 550 H 27/03/16 Basildo 36.11 526 H 05/02/16 Derven 35.71 544 F 25/07/15 Scottish 35.95 533 H 25/07/15 Scottish 35.40 558 F 02/05/15 ASA Ea 35.35 561 H 02/05/15 Basildo 36.19 523 H 07/02/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.27 565 F 28/06/14 British 0 35.27 565 F 28/06/14 British 0 35.28 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 06/04/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	n Summer Meet	Aberdeen	Hatfield	1
36.11 526 H 05/02/16 Derven 35.71 544 F 25/07/15 Scottish 35.95 533 H 25/07/15 Scottish 35.40 558 F 02/05/15 ASA Ea 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.40 558 H 03/05/14 ASA Ea 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 35.66 575 H 27/06/14 British 0 36.67 502 H 06/04/14 Scottish 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	ast Region Long Course Championships	Norwich	Hatfield	1
35.71 544 F 25/07/15 Scottish 35.95 533 H 25/07/15 Scottish 35.40 558 F 02/05/15 ASA Ea 35.35 561 H 02/05/15 ASA Ea 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 06/04/14 Scottish 36.10 574 F 03/05/14 ASA Ea 36.10 523 H 06/04/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	n & Phoenix Easter LC Meet 2016	Basildon	Hatfield	1
35.95 533 H 25/07/15 Scottish 35.40 558 F 02/05/15 ASA Ea 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	tio Excel February Festival 2016	Sheffield	Hatfield	1
35.40 558 F 02/05/15 ASA Eact 35.35 561 H 02/05/15 ASA Eact 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Eact 35.40 558 H 03/05/14 ASA Eact 36.19 523 H 06/04/14 Scottish 36.19 523 H 06/04/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Eact 35.69 545 H 07/12/13 ASA Eact 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Cat 37.95 453 H 27/01/13 ASA Cat 37.95 453 H 27/01/13 ASA Cat 37.24 480 F 07/04/12 UEA City of 18.11	n Summer Meet 2015	Edinburgh	Hatfield	1
35.35 561 H 02/05/15 ASA Eaction 35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Eaction 35.40 558 H 03/05/14 ASA Eaction 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Eaction 36.40 514 F 07/12/13 ASA Eaction 36.40 514 F 07/12/13 ASA Eaction 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Caction 38.30 441 F 27/01/13 ASA Caction 37.95 453 H 27/01/13 ASA Caction 37.95 453 H 27/01/13 ASA Caction 37.24 480 F 07/04/12 UEA City of 18.11 447 H 15/01/12 City of	n Summer Meet 2015	Edinburgh	Hatfield	1
35.35 561 H 05/04/15 Basildo 36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 British 0 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.19 523 H 06/04/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	ast Region Summer Championships Weekend 1	Luton		1
36.19 523 H 07/02/15 Derven 36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 BG AS/ 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	ast Region Summer Championships Weekend 1	Luton		1
36.63 504 H 25/01/15 Burns 0 35.12 572 H 06/08/14 BG AS/ 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	n & Phoenix LC Easter Meet	Basildon		1
35.12 572 H 06/08/14 BG AS/ 35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	tio Excel February Festival	Sheffield		1
35.27 565 F 28/06/14 British 0 35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	Open Meet 2015	Sheffield		1
35.06 575 H 27/06/14 British 0 35.07 574 F 03/05/14 ASA Ea 35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of 1	A Youth & MC Championships 2014	Sheffield		1
35.07 574 F 03/05/14 ASA Eact 35.40 558 H 03/05/14 ASA Eact 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Eact 35.69 545 H 07/12/13 ASA Eact 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Cac 37.95 453 H 27/01/13 ASA Cac 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Gi 38.11 447 H 15/01/12 City of 19	Gas International Swimming Meet 2014	Manchester		1
35.40 558 H 03/05/14 ASA Ea 36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 35.69 545 H 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	Gas International Swimming Meet 2014	Manchester		1
36.19 523 H 06/04/14 Scottish 36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 35.69 545 H 07/12/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Gi 38.11 447 H 15/01/12 City of I	ast Region Youth Championships	Luton	Hatfield	1
36.12 526 H 09/02/14 Derven 36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 35.69 545 H 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 37.95 453 H 27/01/13 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	ast Region Youth Championships	Luton	Hatfield	1
36.67 502 H 26/01/14 Central 36.40 514 F 07/12/13 ASA Ea 35.69 545 H 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Gi 38.11 447 H 15/01/12 City of I	n Gas National Open Championships	Glasgow	Hatfield	1
36.40 514 F 07/12/13 ASA Ea 35.69 545 H 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	tio Excel February Festival	Sheffield	Hatfield	1
35.69 545 H 07/12/13 ASA Ea 37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	Zonal Meet 2014	Corby	Hatfield	1
37.66 464 H 16/11/13 Team L 38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ce 37.95 453 H 27/01/13 ASA Ce 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	ast Regionals Winter Championships	Norwich	Hatfield	1
38.08 449 F 14/07/13 Plymou 37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ce 37.95 453 H 27/01/13 ASA Ce 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	ast Regionals Winter Championships	Norwich	Hatfield	1
37.61 466 H 10/02/13 Derven 38.30 441 F 27/01/13 ASA Ce 37.95 453 H 27/01/13 ASA Ce 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	uton Autumn LC Open Meet	Luton	Hatfield	1
38.30 441 F 27/01/13 ASA Ca 37.95 453 H 27/01/13 ASA Ca 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	th Leander Non-National Qualifiers Meet	Plymouth	Hatfield	3
37.95 453 H 27/01/13 ASA Co 38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	tio February Festival	Sheffield	Hatfield	1
38.07 449 H 17/11/12 Team L 37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	entral Region Zonal Competition	Corby	Hatfield	1
37.24 480 F 07/04/12 UEA Ci 38.11 447 H 15/01/12 City of I	entral Region Zonal Competition	Corby	Hatfield	1
38.11 447 H 15/01/12 City of	uton Inaugural Long Course Meet	Luton	Hatfield	1
	ty of Norwich Easter Meet	Norwich	Hatfield	1
38.86 422 H 02/10/11 Sherwo	Derby 11th Long Course Open Meet	Sheffield	Hatfield	1
	ood Colliery Robin Hood Open Meet	Sheffield	Hatfield	1
41.59 344 H 03/10/10 Robin F	Hood 30th Open Meet	Sheffield	Hatfield	1

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