

Individual Best Times (All Time)

David Colley - (363024) - City of Cardiff - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.75	542	H	05/05/12	BG SWR Youth Championships	Plymouth	Mt Kelly	1
4:29.96	541	H	29/01/12	ASA South Zonal Meet	Millfield	Mt Kelly	1
4:31.34	533	F	29/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
4:32.38	527	F	15/10/11	Swim Swansea Open Meet	Swansea	Mt Kelly	1
4:33.25	522	H	03/04/12	SG National Open Age Group Championships	Sunderland	Mt Kelly	1
4:34.60	514		15/05/11	East District Open Championships	Glasgow	Mt Kelly	1
4:35.57	509	H	01/07/11	Scottish Gas National Open Championships	Glasgow	Mt Kelly	1
4:35.77	508	F	20/11/11	Bath Grand Prix	Bath	Mt Kelly	1
4:36.75	502	F	03/08/11	Welsh Summer Nationals	Swansea	Mt Kelly	1
4:37.81	497	H	21/05/11	City of Sunderland May Open Meet	Sunderland	Mt Kelly	1
4:38.77	491		09/04/11	Scottish National Open Championships	Glasgow	Mt Kelly	1
4:39.87	486	H	29/05/10	Co Sunderland 2nd Open Meet	Sunderland	Mt Kelly	1
4:41.75	476	F	30/10/10	Carnegie Winter Meet	Glasgow	Mt Kelly	2
4:44.17	464	F	04/08/10	BG Wales Summer Nationals	Swansea	Mt Kelly	1
4:44.45	463		24/06/10	BG Scottish Nationals Open	Glasgow	Mt Kelly	1
4:46.41	453	F	10/04/10	Scottish Nationals Meet	Glasgow	Mt Kelly	1
4:47.52	448	H	30/05/09	City of Sunderland Open	Sunderland	Mt Kelly	1
4:50.25	435		10/04/09	Scottish National Age Grp	Edinburgh	Mt Kelly	1
4:50.51	434		06/06/09	SASA East District Open	Edinburgh	Mt Kelly	1
4:50.54	434		16/05/09	City of Manchester Open	Manchester	Mt Kelly	1
4:53.00	423		12/04/08	Scottish Age Group Champs	Glasgow	Mt Kelly	1
4:55.41	413		01/03/08	West District Champs	East Kilbride	Mt Kelly	2

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