

Individual Best Times (All Time)

Alice Gowing - (362961) - South Lincs Competitive SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.54	522	H	07/06/14	Midland Age Group Championships 2014	Coventry	South Lincs	1
2:36.54	522	H	07/06/14	Midland Age Group Championships 2014	Coventry	South Lincs	1
2:38.96	499	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	South Lincs	1
2:39.98	489	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	South Lincs	1
2:40.16	488	H	24/01/15	Burns Open Meet 2015	Sheffield	South Lincs	1
2:41.67	474	H	13/07/14	Northampton Summer Festival Open Meet	Corby	South Lincs	3
2:42.51	467	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	South Lincs	1
2:43.55	458	H	05/10/13	The Robin Hood Open Meet 2013	Sheffield	South Lincs	1
2:44.39	451	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	South Lincs	1
2:47.55	426	H	26/05/13	City of Sheffield No Frill Meet	Sheffield	South Lincs	1
2:54.59	376	H	06/10/12	32nd Robin Hood Open Meet	Sheffield	South Lincs	1
3:13.34	277	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	South Lincs	1
3:29.68	217	H	02/10/10	Robin Hood 30th Open Meet	Sheffield	South Lincs	1

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