

Individual Best Times (All Time)

Alice Gowing - (362961) - South Lincs Competitive SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:34.70	504	H	12/07/14	Northampton Summer Festival Open Meet	Corby	South Lincs	3
2:35.19	499	H	24/01/15	Burns Open Meet 2015	Sheffield	South Lincs	1
2:35.59	495	H	08/06/14	Midland Age Group Championships 2014	Coventry	South Lincs	1
2:35.59	495	H	08/06/14	Midland Age Group Championships 2014	Coventry	South Lincs	1
2:35.80	493	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	South Lincs	1
2:36.93	483	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	South Lincs	1
2:37.90	474	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	South Lincs	1
2:41.03	447	H	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	South Lincs	1
2:42.34	436	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	South Lincs	1

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