

Individual Best Times (All Time)

Niamh McDonagh - (359750) - Rushmoor Royals SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:48.10	547	H	07/05/11	Berks & South Bucks No Frills Meet	Aldershot	Lboro Uni	1
2:48.44	544		30/04/11	BG South East Region Youth Championships	Crawley	Lboro Uni	1
2:48.97	539		30/04/11	BG South East Region Youth Championships	Crawley	Lboro Uni	1
2:49.37	535		13/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1
2:50.01	529	H	02/04/11	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
2:50.37	526	H	09/01/11	Swim Wales New Year Dragon Meet	Swansea	Lboro Uni	1
2:51.55	515		13/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1
2:53.04	502	H	31/10/10	Rushmoor Royals Open	Aldershot	Lboro Uni	1
2:54.51	489	H	17/01/10	Rushmoor Royals New Year Meet	Aldershot	Lboro Uni	3
2:55.63	480		08/05/10	ASA SE Region Youth Champs	Portsmouth	Lboro Uni	1
2:57.16	468		03/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Lboro Uni	1
3:00.31	443	H	22/05/10	Bracknell & Wokingham Meet	Aldershot	Lboro Uni	1
3:11.38	371	H	18/01/09	Rushmoor Royals New Yr Mt	Aldershot	Lboro Uni	3

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