

Individual Best Times (All Time)

Niamh McDonagh - (359750) - Rushmoor Royals SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.47	567	H	09/10/11	Rushmoor Royals SC Club Championships	Aldershot	Lboro Uni	4
1:18.73	540	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Lboro Uni	1
1:18.75	540	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Lboro Uni	1
1:18.79	539		12/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1
1:18.85	537	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Loughborough	1
1:19.01	534	H	28/01/12	ASA South Zonal Meet	Millfield	Lboro Uni	1
1:19.52	524		12/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1
1:19.82	518	H	03/04/11	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
1:19.91	516	H	08/01/11	Swim Wales New Year Dragon Meet	Swansea	Lboro Uni	1
1:20.05	514		30/04/11	BG South East Region Youth Championships	Crawley	Lboro Uni	1
1:22.10	476	H	05/12/10	Rushmoor Royals Champs	Aldershot	Lboro Uni	4
1:24.03	444	H	22/05/10	Bracknell & Wokingham Meet	Aldershot	Lboro Uni	1
1:24.67	434	H	20/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4
1:28.71	377	H	17/01/09	Rushmoor Royals New Yr Mt	Aldershot	Lboro Uni	3
1:32.78	330	H	21/12/08	Rushmoor Royals Club Chmps	Aldershot	Lboro Uni	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.85	537	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Loughborough	1
1:18.75	540	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Lboro Uni	1
1:19.01	534	H	28/01/12	ASA South Zonal Meet	Millfield	Lboro Uni	1
1:18.73	540	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Lboro Uni	1
1:17.47	567	H	09/10/11	Rushmoor Royals SC Club Championships	Aldershot	Lboro Uni	4
1:20.05	514		30/04/11	BG South East Region Youth Championships	Crawley	Lboro Uni	1
1:19.82	518	H	03/04/11	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
1:18.79	539		12/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1

1:19.52	524		12/03/11	Hampshire County Championships	Portsmouth	Lboro Uni	1
1:19.91	516	H	08/01/11	Swim Wales New Year Dragon Meet	Swansea	Lboro Uni	1
1:22.10	476	H	05/12/10	Rushmoor Royals Champs	Aldershot	Lboro Uni	4
1:24.03	444	H	22/05/10	Bracknell & Wokingham Meet	Aldershot	Lboro Uni	1
1:24.67	434	H	20/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4
1:28.71	377	H	17/01/09	Rushmoor Royals New Yr Mt	Aldershot	Lboro Uni	3
1:32.78	330	H	21/12/08	Rushmoor Royals Club Chmps	Aldershot	Lboro Uni	4