

Individual Best Times (All Time)

Niamh McDonagh - (359750) - Rushmoor Royals SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.80	400	H	20/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4
1:18.13	395	H	07/01/11	Swim Wales New Year Dragon Meet	Swansea	Lboro Uni	1
1:18.25	393		17/01/10	Rushmoor Royals New Year Meet	Aldershot	Lboro Uni	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.13	395	H	07/01/11	Swim Wales New Year Dragon Meet	Swansea	Lboro Uni	1
1:18.25	393		17/01/10	Rushmoor Royals New Year Meet	Aldershot	Lboro Uni	3
1:17.80	400	H	20/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4