

Individual Best Times (All Time)

Declan Hall - (358844) - Wigan Best SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:07.54	702	F	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Wigan BEST	1
4:08.38	695	H	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Wigan BEST	1
4:08.65	693	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Wigan BEST	1
4:09.10	689	F	14/05/17	Manchester Open Meet 2017	Manchester	Wigan BEST	1
4:09.37	687	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Wigan BEST	1
4:09.60	685	F	12/03/17	Edinburgh International Meet 2017	Edinburgh		1
4:10.69	676	H	30/04/17	ASA North West Region Summer Championships	Manchester	Wigan BEST	1
4:11.93	666	H	05/02/17	Lancashire County Championships	Manchester	Wigan BEST	1
4:12.55	661	F	04/08/16	ASA Summer Nationals 2016	Sheffield	Wigan BEST	1
4:14.94	643	H	01/05/16	ASA North West Region Summer Championships	Manchester	Wigan BEST	1
4:14.96	643	F	08/05/16	Manchester Open Meet 2016	Manchester	Wigan BEST	1
4:15.11	641	H	11/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Wigan BEST	1
4:15.12	641	H	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	Co Manch Aq	1
4:15.35	640	H	04/08/19	Swim England National Summer Meet	Sheffield	Wigan BEST	1
4:15.47	639	H	26/05/19	Glasgow International Swim Meet	Tollcross	Wigan BEST	1
4:15.88	636	H	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	Wigan BEST	1
4:15.90	636	H	04/08/16	ASA Summer Nationals 2016	Sheffield	Wigan BEST	1
4:16.06	634	H	27/04/19	2019 SENW Summer Championships	Manchester	Wigan BEST	1
4:16.29	633	H	27/01/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	Wigan BEST	1
4:16.56	631	H	04/11/17	Swim England Noth West Region Winter Champs	Manchester	Wigan BEST	1
4:16.67	630	H	06/04/19	Manchester Open 2019	Manchester	Wigan BEST	1
4:17.18	626	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Co Manch Aq	1
4:18.06	620	H	13/05/18	Manchester Open Meet 2018	Manchester	Co Manch Aq	1
4:18.55	616	H	28/04/18	2018 SENW Summer Championships	Manchester	Co Manch Aq	1
4:18.81	614	H	19/03/16	City of Sunderland National Qualifier	Sunderland	Wigan BEST	1
4:21.77	594	H	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Wigan BEST	1
4:21.85	592	H	07/02/15	Doncaster Equal February Festival	Sheffield		1

4:21.85	593	H	07/02/15	Derventio Excel February Festival	Sheffield		
4:23.42	583	H	24/05/15	ASA 2015 North West Regional Championships	Liverpool		1
4:23.73	581	F	03/05/15	Manchester Open Meet 2015	Manchester	Wigan BEST	1
4:42.06	474	H	10/03/13	Lancashire Age Group County Championships	Manchester	Wigan	1
4:52.86	424	H	18/03/12	Lancashire County Championships	Manchester	Wigan	1
4:58.80	399	H	12/06/11	BG North West Region Age Group Championshi	Manchester	Wigan	1
5:04.74	376	H	10/04/11	Lancashire County Championships	Manchester	Wigan	1
5:21.27	321	H	13/03/10	Lancashire County Champs	Manchester	Wigan	1
5:23.89	313	H	09/05/10	Radford Annual Open Meet	Sheffield	Wigan	1

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