

Individual Best Times (All Time)

Christopher Cook - (358482) - Ryedale SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.01	408	H	24/02/18	Yorkshire County Championships	Sheffield	Ryedale	1
30.06	406	H	28/02/16	Yorkshire County Championships	Sheffield	Scarborough	1
30.32	396	H	11/02/17	Yorkshire SA County Championships	Sheffield	Ryedale	1
38.27	197	H	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	Ryedale	3
40.11	171	H	20/03/10	Yorkshire County Champs	Sheffield	Ryedale	1
40.90	161	H	19/03/11	Yorkshire County Championships	Sheffield	Ryedale	1
41.84	150	H	22/01/11	Rotherham Metro A & B Grade Meet	Sheffield	Ryedale	3
44.83	122	F	21/03/09	Yorkshire County Champs	Sheffield	Ryedale	2
44.93	121	H	21/03/09	Yorkshire County Champs	Sheffield	Ryedale	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.01	408	H	24/02/18	Yorkshire County Championships	Sheffield	Ryedale	1
30.32	396	H	11/02/17	Yorkshire SA County Championships	Sheffield	Ryedale	1
30.06	406	H	28/02/16	Yorkshire County Championships	Sheffield	Scarborough	1
38.27	197	H	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	Ryedale	3
40.90	161	H	19/03/11	Yorkshire County Championships	Sheffield	Ryedale	1
41.84	150	H	22/01/11	Rotherham Metro A & B Grade Meet	Sheffield	Ryedale	3
40.11	171	H	20/03/10	Yorkshire County Champs	Sheffield	Ryedale	1
44.83	122	F	21/03/09	Yorkshire County Champs	Sheffield	Ryedale	2
44.93	121	H	21/03/09	Yorkshire County Champs	Sheffield	Ryedale	2