

Individual Best Times (All Time)

Ashley Holness-Wright - (356424) - Watford SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:19.97	247		04/10/08	Crawley Early Bird Meet	Crawley	Watford SC	1
3:30.58	211	H	14/06/08	East Region Bagcat Champs	Norwich	Watford SC	1
3:36.03	195		06/12/08	Plymouth Leander Open	Millfield School	Watford SC	1

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