

Individual Best Times (All Time)

John Posnett - (35450) - Seagulls Swimming Club - 200 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.36	352	H	17/04/04	Ealing Spring LC Meet 2004	Gurnell Pool	Cam Brea	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.36	352	H	17/04/04	Ealing Spring LC Meet 2004	Gurnell Pool	Cam Brea	1