

Individual Best Times (All Time)

Adam Smith - (353861) - City of Bristol SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:06.64	369	F	03/03/13	Surrey County Championships	Guildford	Sutton Cheam	1
5:26.06	307	H	14/04/12	Bexley SC Open Long Course Meet	London	Sutton Cheam	1

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