

Individual Best Times (All Time)

Sophy Croydon-Kempster - (349825) - Crawley SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|------------|-----------------|-------|
| 29.40 | 573 | F | 22/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 29.45 | 570 | H | 22/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 29.65 | 559 | H | 04/05/19 | Swim England 15 Over Swimming Championships 2019 | Wycombe | Crawley | 1 |
| 29.79 | 551 | F | 17/03/19 | Atlantis Regional Chaser 2019 | Crawley | Crawley | 3 |
| 30.28 | 525 | F | 28/09/19 | Lis Hartley Long Course Open Meet | K2 LC | Crawley | 3 |
| 30.62 | 507 | F | 04/10/15 | Crawley SC Lis Hartley LC Opportunity Meet 2015 | Crawley | Crawley | 3 |
| 30.83 | 497 | H | 24/02/18 | Sussex County Championships & Age Group Comp | Crawley | Crawley | 1 |
| 30.96 | 491 | F | 24/09/22 | Lis Hartley L3 Open Meet Crawley 2022 | K2 Crawley | | 3 |
| 31.05 | 487 | F | 06/01/24 | Crawley Speedo New Year Gala L3 2024 | Crawley | | 3 |
| 31.07 | 486 | F | 19/04/15 | Crawley Spring LC Open Meet 2015 | Crawley | Crawley | 1 |
| 31.21 | 479 | F | 05/10/14 | Lis Hartley Long Course Opportunity Meet | Crawley | Crawley | 3 |
| 31.36 | 472 | F | 14/03/15 | Sussex County Championships | Crawley | Crawley | 1 |
| 31.50 | 466 | H | 31/05/15 | ASASER Swimming Championships | Crawley | Crawley | 1 |
| 31.59 | 462 | | 03/05/14 | ASA South East Region Youth Championships | Crawley | Crawley | 1 |
| 31.60 | 462 | F | 07/04/18 | Crawley Spring Open | Crawley | Crawley | 1 |
| 31.72 | 456 | F | 15/11/14 | Crawley Not so Early Bird Gala | Crawley | Crawley | 3 |
| 31.96 | 446 | F | 14/04/13 | Crawley SC Spring Long Course Open Meet | Crawley | Crawley | 1 |
| 32.49 | 425 | F | 01/10/17 | Lis Hartley Long Course Open Meet | Crawley | Crawley | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 31.05 | 487 | F | 06/01/24 | Crawley Speedo New Year Gala L3 2024 | Crawley | | 3 |
| 30.96 | 491 | F | 24/09/22 | Lis Hartley L3 Open Meet Crawley 2022 | K2 Crawley | | 3 |
| 29.40 | 573 | F | 22/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 29.45 | 570 | H | 22/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 30.28 | 525 | F | 28/09/19 | Lis Hartley Long Course Open Meet | K2 LC | Crawley | 3 |

| | | | | | | | |
|-------|-----|---|----------|--|---------|---------|---|
| 29.65 | 559 | H | 04/05/19 | Swim England 15 Over Swimming Championships 2019 | Wycombe | Crawley | 1 |
| 29.79 | 551 | F | 17/03/19 | Atlantis Regional Chaser 2019 | Crawley | Crawley | 3 |
| 31.60 | 462 | F | 07/04/18 | Crawley Spring Open | Crawley | Crawley | 1 |
| 30.83 | 497 | H | 24/02/18 | Sussex County Championships & Age Group Comp | Crawley | Crawley | 1 |
| 32.49 | 425 | F | 01/10/17 | Lis Hartley Long Course Open Meet | Crawley | Crawley | 3 |
| 30.62 | 507 | F | 04/10/15 | Crawley SC Lis Hartley LC Opportunity Meet 2015 | Crawley | Crawley | 3 |
| 31.50 | 466 | H | 31/05/15 | ASASER Swimming Championships | Crawley | Crawley | 1 |
| 31.07 | 486 | F | 19/04/15 | Crawley Spring LC Open Meet 2015 | Crawley | Crawley | 1 |
| 31.36 | 472 | F | 14/03/15 | Sussex County Championships | Crawley | Crawley | 1 |
| 31.72 | 456 | F | 15/11/14 | Crawley Not so Early Bird Gala | Crawley | Crawley | 3 |
| 31.21 | 479 | F | 05/10/14 | Lis Hartley Long Course Opportunity Meet | Crawley | Crawley | 3 |
| 31.59 | 462 | | 03/05/14 | ASA South East Region Youth Championships | Crawley | Crawley | 1 |
| 31.96 | 446 | F | 14/04/13 | Crawley SC Spring Long Course Open Meet | Crawley | Crawley | 1 |