

Individual Best Times (All Time)

Rebecca Smith - (348771) - Livingston & District Dolphins - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.40	607	F	04/08/11	Welsh Summer Nationals	Swansea	Warrender Ba	1
2:25.45	606	F	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Warrender Ba	1
2:26.11	598		02/06/12	SASA East District Open Championships	Edinburgh	Warrender Ba	1
2:26.72	591	F	04/04/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1
2:26.89	589		08/04/11	Scottish National Open Championships	Glasgow	Warrender Ba	1
2:26.92	588	H	20/07/12	BG ASA National Youth Championships 2012	Sheffield	Warrender Ba	1
2:27.15	586	C	01/06/14	North District SASA Grand Prix	Aberdeen	Warrender Ba	1
2:27.22	585	F	20/01/13	2013 West District Grand Prix	East Kilbride	Warrender Ba	1
2:27.29	584		02/06/12	SASA East District Open Championships	Edinburgh	Warrender Ba	1
2:28.04	575	H	14/06/13	Scottish Gas National Open Championships	Glasgow	Warrender Ba	1
2:28.15	574	H	04/08/11	Welsh Summer Nationals	Swansea	Warrender Ba	1
2:28.83	566	H	01/06/14	North District SASA Grand Prix	Aberdeen	Warrender Ba	1
2:28.99	564	H	04/04/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1
2:29.15	562	H	20/01/13	2013 West District Grand Prix	East Kilbride	Warrender Ba	1
2:29.15	562	H	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Warrender Ba	1
2:29.36	560		14/01/12	SASA West District Grand Prix Meet	East Kilbride	Warrender Ba	1
2:29.38	560	C	18/01/15	SASA West District Grand Prix	Glasgow	Warrender Ba	1
2:30.11	552	H	01/07/11	Scottish Gas National Open Championships	Glasgow	Warrender Ba	1
2:30.29	550	H	18/01/15	SASA West District Grand Prix	Glasgow	Warrender Ba	1
2:30.30	549	H	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
2:30.67	545		14/01/12	SASA West District Grand Prix Meet	East Kilbride	Warrender Ba	1
2:30.77	544		08/04/11	Scottish National Open Championships	Glasgow	Warrender Ba	1
2:30.85	543	F	12/06/11	South Lanarkshire Meet	East Kilbride	Warrender Ba	2
2:31.41	537	H	12/06/11	South Lanarkshire Meet	East Kilbride	Warrender Ba	2
2:31.66	535	F	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
2:36.70	485		26/06/10	BG Scottish Nationals Open	Glasgow	Warrender Ba	1
2:37.08	481	F	20/01/13	Scottish Schools Champs	Tullahoma	Warrender Ba	1

2:37.06	401	F	30/01/10	Scottish Schools Champs	Tollcross	Warrender Ba	1
2:39.63	459	H	11/04/10	Scottish Nationals Meet	Glasgow	Warrender Ba	1
2:48.82	388		10/04/09	Scottish National Age Grp	Edinburgh	Warrender Ba	1
2:51.50	370		16/11/08	Potobello LC Prize Meet	Edinburgh	Warrender Ba	2
2:58.37	329		04/05/08	City of Glasgow Open Meet	Glasgow	Warrender Ba	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.38	560	C	18/01/15	SASA West District Grand Prix	Glasgow	Warrender Ba	1
2:30.29	550	H	18/01/15	SASA West District Grand Prix	Glasgow	Warrender Ba	1
2:25.45	606	F	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Warrender Ba	1
2:29.15	562	H	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Warrender Ba	1
2:27.15	586	C	01/06/14	North District SASA Grand Prix	Aberdeen	Warrender Ba	1
2:28.83	566	H	01/06/14	North District SASA Grand Prix	Aberdeen	Warrender Ba	1
2:28.04	575	H	14/06/13	Scottish Gas National Open Championships	Glasgow	Warrender Ba	1
2:31.66	535	F	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
2:30.30	549	H	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
2:27.22	585	F	20/01/13	2013 West District Grand Prix	East Kilbride	Warrender Ba	1
2:29.15	562	H	20/01/13	2013 West District Grand Prix	East Kilbride	Warrender Ba	1
2:26.92	588	H	20/07/12	BG ASA National Youth Championships 2012	Sheffield	Warrender Ba	1
2:27.29	584		02/06/12	SASA East District Open Championships	Edinburgh	Warrender Ba	1
2:26.11	598		02/06/12	SASA East District Open Championships	Edinburgh	Warrender Ba	1
2:26.72	591	F	04/04/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1
2:28.99	564	H	04/04/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1
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2:29.36	560		14/01/12	SASA West District Grand Prix Meet	East Kilbride	Warrender Ba	1
2:25.40	607	F	04/08/11	Welsh Summer Nationals	Swansea	Warrender Ba	1
2:28.15	574	H	04/08/11	Welsh Summer Nationals	Swansea	Warrender Ba	1
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2:48.82	388		10/04/09	Scottish National Age Grp	Edinburgh	Warrender Ba	1
2:51.50	370		16/11/08	Potobello LC Prize Meet	Edinburgh	Warrender Ba	2
2:58.37	329		04/05/08	City of Glasgow Open Meet	Glasgow	Warrender Ba	2