

# Individual Best Times (All Time)

Ryan Crouch - (320086) - Team Ipswich Swimming - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:30.06	438	H	08/03/12	British Gas Swimming Championships 2012	London	teamipswich	1
2:30.94	430	F	29/07/11	British Gas ASA National Youth Champs	Sheffield	teamipswich	1
2:31.86	423	H	29/07/11	British Gas ASA National Youth Champs	Sheffield	teamipswich	1
2:35.82	391	H	06/04/12	British International Disability Champs	Sheffield	teamipswich	1
2:36.10	389	F	02/04/10	British Gas Championships	Sheffield	teamipswich	1
2:36.40	387	H	02/04/10	British Gas Championships	Sheffield	teamipswich	1
2:36.93	383	H	18/12/11	Killerwhales Winter Open	Basildon	teamipswich	1
2:38.95	368	C	18/04/10	GB International	Sheffield	teamipswich	1
2:39.33	366	C	17/05/09	National Disability Champ	Sheffield	teamipswich	1
2:39.85	362	H	17/05/09	National Disability Champ	Sheffield	teamipswich	1
2:41.94	348		14/12/08	Welsh Disability Champs	Swansea	teamipswich	1
2:42.81	343	H	18/04/10	GB International	Sheffield	teamipswich	1
2:44.46	333	H	26/03/17	CP Sport National Swimming Competition	Nottingham	teamipswich	3
2:45.22	328	H	31/07/08	National Youth Champs 2008	Sheffield	teamipswich	1
2:51.46	293	H	05/05/08	East Region Youth Champs	Norwich	teamipswich	1
2:53.04	285		08/12/07	WASA Disability Meet 2007	Swansea	teamipswich	1

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