

Individual Best Times (All Time)

Charlie Pond Thompson - (316830) - City of Southend on Sea SC - 100 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.55	444	H	29/01/11	East, East Midland & West Midland Zonal	Corby	Hatfield	1

Swims in Date Order

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