

Individual Best Times (All Time)

Charlie Pond Thompson - (316830) - City of Southend on Sea SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.20	582	H	14/05/16	Team Luton May Long Course Meet	Luton	Southend	1
28.26	578	F	06/02/16	Essex Age Group Championships 2016	London	Southend	1
28.26	578	F	06/02/16	Essex Age Group Championships 2016	Basildon	Southend	1
28.27	578	H	29/04/17	ASA East Long Course Championships	Luton	Hatfield	1
28.28	577	H	06/02/16	Essex Age Group Championships 2016	Basildon	Southend	1
28.28	577	H	06/02/16	Essex Age Group Championships 2016	London	Southend	1
28.28	577	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Hatfield	1
28.36	572	H	04/02/17	Essex Age Group Championships	London	Southend	1
28.36	572	H	04/02/17	Essex Age Group Championships 2017	Basildon	Southend	1
28.45	567	F	27/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
28.47	565	F	04/02/17	Essex Age Group Championships	London	Southend	1
28.47	565	F	04/02/17	Essex Age Group Championships 2017	Basildon	Southend	1
28.49	564	H	04/05/13	ASA East Region Youth Championships	Luton	Hatfield	1
28.52	563	H	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Hatfield	1
28.54	561	H	22/02/14	BUCS Long Course 2014	Sheffield	Hatfield	1
28.54	561	F	30/04/16	ASA East Region Long Course Championships	Norwich	Southend	1
28.59	558	F	04/05/13	ASA East Region Youth Championships	Luton	Hatfield	1
28.65	555	H	30/04/16	ASA East Region Long Course Championships	Norwich	Southend	1
28.83	545	H	03/05/14	ASA East Region Youth Championships	Luton	Hatfield	1
28.84	544	H	24/11/13	Essex Winter Long Course Competition	Basildon	Hatfield	1
28.95	538	F	24/11/13	Essex Winter Long Course Competition	Basildon	Hatfield	1
28.98	536	H	27/01/13	ASA Central Region Zonal Competition	Corby	Hatfield	1
28.98	536	H	23/02/13	BUCS Long Course 2013	Sheffield	Hatfield	1
29.08	531	H	26/01/14	Central Zonal Meet 2014	Corby	Hatfield	1
29.12	528	H	24/11/12	Essex Winter Long Course Championships	Basildon	Hatfield	1
29.12	528	F	26/01/14	Central Zonal Meet 2014	Corby	Hatfield	1
29.24	522	F	05/05/13	ASA East Region Youth Championships	Basildon	Hatfield	1

29.24	522	F	05/05/12	ASA East Region Youth Championships	Basildon	Hatfield	1
29.35	516	H	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	Hatfield	1
29.36	516	H	05/05/12	ASA East Region Youth Championships	Basildon	Hatfield	1
29.36	516	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Hatfield	1
29.47	510	H	30/04/11	BG East Region Championships	Norwich	Hatfield	1
29.53	507		07/05/11	Taunton Dean Level 1 Meet	Millfield	Hatfield	1
29.68	499	F	27/11/11	Essex ASA Winter LC Championships	Basildon	Hatfield	1
29.71	498	F	02/05/10	East Region Youth Champs	Norwich	Hatfield	1
29.73	497	H	27/11/11	Essex ASA Winter LC Championships	Basildon	Hatfield	1
29.97	485	H	02/05/10	East Region Youth Champs	Norwich	Hatfield	1
31.08	435	H	03/05/09	East Region Youth Champs	Norwich	Hatfield	1

Swims in Date Order

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