

# Individual Best Times (All Time)

Sam Swaby - (312884) - Louth Dolphins SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.74	441	H	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	Louth	3
2:46.84	425	H	25/01/14	Central Zonal Meet 2014	Corby	Louth	1
2:49.29	407	H	20/12/14	City of Leeds Christmas Meet	Leeds		1
2:49.93	402	F	20/12/14	City of Leeds Christmas Meet	Leeds		1
2:50.97	395	H	02/12/12	City of Sheffield Snow Frills Gala	Sheffield	Louth	3
2:52.25	386	H	26/01/13	ASA Central Region Zonal Competition	Corby	Louth	1
2:53.16	380	H	09/02/13	Derventio February Festival	Sheffield	Louth	1
2:55.10	368	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Louth	1
2:56.52	359	H	07/10/12	32nd Robin Hood Open Meet	Sheffield	Louth	1
3:00.19	337	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Louth	1
3:01.18	332	H	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Louth	1
3:14.22	269	H	08/01/11	City of Derby 10th Long Course Open Meet	Sheffield	Louth	1
3:15.12	265	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	Louth	1
3:18.82	251	H	08/05/10	Radford Annual Open Meet	Sheffield	Louth	1
3:19.58	248	H	16/05/10	Rotherham Metro LC Meet	Sheffield	Louth	1
3:22.08	239	H	05/04/10	Derventio Excel Open 2010	Sheffield	Louth	1
3:22.72	237	H	12/04/09	Derventio Excel 3rd Open	Sheffield	Louth	1
3:23.13	235	H	02/05/09	Radford 27th Annual Open	Sheffield	Louth	2
3:25.26	228	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	Louth	1
3:33.12	204	H	13/06/09	Midlands Region Champs	Coventry	Louth	1
3:35.13	198	H	17/01/09	Rotherham Metro A B Graded	Sheffield	Louth	3
3:48.72	165	H	19/01/08	Rotherham Metro A B Meet	Sheffield	Louth	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.93	402	F	20/12/14	City of Leeds Christmas Meet	Leeds		1

2:49.29	407	H	20/12/14	City of Leeds Christmas Meet	Leeds		1
2:46.84	425	H	25/01/14	Central Zonal Meet 2014	Corby	Louth	1
2:55.10	368	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Louth	1
2:44.74	441	H	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	Louth	3
2:53.16	380	H	09/02/13	Derventio February Festival	Sheffield	Louth	1
2:52.25	386	H	26/01/13	ASA Central Region Zonal Competition	Corby	Louth	1
2:50.97	395	H	02/12/12	City of Sheffield Snow Frills Gala	Sheffield	Louth	3
2:56.52	359	H	07/10/12	32nd Robin Hood Open Meet	Sheffield	Louth	1
3:00.19	337	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Louth	1
3:01.18	332	H	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Louth	1
3:14.22	269	H	08/01/11	City of Derby 10th Long Course Open Meet	Sheffield	Louth	1
3:15.12	265	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	Louth	1
3:19.58	248	H	16/05/10	Rotherham Metro LC Meet	Sheffield	Louth	1
3:18.82	251	H	08/05/10	Radford Annual Open Meet	Sheffield	Louth	1
3:22.08	239	H	05/04/10	Derventio Excel Open 2010	Sheffield	Louth	1
3:25.26	228	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	Louth	1
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3:35.13	198	H	17/01/09	Rotherham Metro A B Graded	Sheffield	Louth	3
3:48.72	165	H	19/01/08	Rotherham Metro A B Meet	Sheffield	Louth	3