

Individual Best Times (All Time)

Alex Mason - (312695) - Stevenage SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:17.37	625	H	19/02/17	BUCS Long Course Swimming Championships	Sheffield		1
4:19.24	611	H	30/04/17	ASA East Long Course Championships	Luton	Team Luton	1
4:19.63	609	H	05/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Team Luton	1
4:20.02	606	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Team Luton	1
4:20.85	600	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Team Luton	1
4:20.93	599	H	21/02/16	BUCS Long Course Championships	Sheffield		1
4:23.93	579	H	03/05/14	ASA East Region Youth Championships	Luton	Team Luton	1
4:26.54	562	H	04/05/13	ASA East Region Youth Championships	Luton	Team Luton	1
4:26.60	562	H	11/04/15	Team Luton April Long Course Meet	Luton		1
4:29.93	541	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Team Luton	1
4:30.73	537	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Team Luton	1
4:31.39	533	H	16/11/13	Team Luton Autumn LC Open Meet	Luton	Team Luton	1
4:36.02	506	H	05/05/12	ASA East Region Youth Championships	Basildon	Team Luton	1
5:02.35	385	H	27/11/10	City of Coventry Open	Coventry	Team Luton	1
5:06.43	370	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	Team Luton	1

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