

Individual Best Times (All Time)

Liam Noonan - (311259) - Northampton Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.52	544	H	05/05/12	ASA Midlands Youth Championships	Coventry	Lincoln Vulc	1
4:30.13	540	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Lincoln Vulc	1
4:30.75	537	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Lincoln Vulc	1
4:31.13	534	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Lincoln Vulc	1
4:31.65	531	F	29/07/13	Swim Wales Summer Nationals	Swansea	Lincoln Vulc	1
4:32.42	527	H	30/04/11	BG Midlands Youth Championships	Coventry	Lincoln Vulc	1
4:34.17	517	H	16/01/11	Chester Le Street Burns Open Meet	Sheffield	Lincoln Vulc	1
4:34.85	513	H	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	Lincoln Vulc	3
4:35.73	508	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	Lincoln Vulc	1
4:40.58	482	H	04/04/10	Derventio Excel Open 2010	Sheffield	Lincoln Vulc	1
4:48.28	444	H	04/12/10	Northampton Winter Fest	Corby	Lincoln Vulc	1
4:49.93	437	H	05/06/10	BG Midland Age Groups	Coventry	Lincoln Vulc	1
4:51.27	431	H	06/06/09	The Midlands Age Groups	Coventry	Lincoln Vulc	1
4:53.35	422	H	03/05/09	Radford 27th Annual Open	Sheffield	Lincoln Vulc	2
4:54.38	417	H	11/07/09	Graham Sykes Memorial	Coventry	Lincoln Vulc	3

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