

# Individual Best Times (All Time)

Arron Esson - (306223) - Aberdeen ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:58.49	400	F	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
5:05.55	373	F	03/04/12	SG National Open Age Group Championships	Sunderland	Aberdeen Dol	1
6:03.07	222	H	02/10/10	City of Leeds Junior Open	Leeds	Aberdeen Dol	1

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