

# Individual Best Times (All Time)

John Slater - (302104) - Hillingdon Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.13	506	F	27/11/11	Portsmouth Northsea Christmas Cracker Meet	Portsmouth	Basingstoke	1
5:05.43	500		12/03/11	Hampshire County Championships	Portsmouth	Basingstoke	1
5:07.57	490		29/05/10	BG South East Region Age Groups	Crawley	Basingstoke	1
5:09.63	480		30/01/11	London, South East and South West Zonal	London	Basingstoke	1
5:11.17	473	F	13/02/11	Wycombe District Annual Long Course Meet	High Wycombe	Basingstoke	1
5:11.82	470		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Basingstoke	1
5:11.85	470	H	08/05/10	Beckenham Open	London	Basingstoke	1
5:13.70	461	F	21/11/10	Crawley Not So Early Bird	Crawley	Basingstoke	1
5:17.73	444	F	02/10/11	Portsmouth Northsea Open Meet	Portsmouth	Basingstoke	3

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5:17.73	444	F	02/10/11	Portsmouth Northsea Open Meet	Portsmouth	Basingstoke	3
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