

# Individual Best Times (All Time)

John Slater - (302104) - Hillingdon Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
23.15	736	H	16/04/16	British Championships 2016	Glasgow	Plymouth Lea	1
23.25	727	F	16/04/16	British Championships 2016	Glasgow	Plymouth Lea	1
23.59	696	F	09/08/15	ASA Summer Nationals 2015	Sheffield	Plymouth Lea	1
23.62	693	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Plymouth Lea	1
23.73	684	F	15/04/14	British Gas Championships 2014	Glasgow	Basingstoke	1
23.85	673	H	14/04/14	British Gas Championships 2014	Glasgow	Basingstoke	1
23.87	672	R	24/07/14	National Youth Team Championships	Portugal		1
23.88	671	F	03/12/13	World School Games	Brasilia	Basingstoke	1
23.93	667	F	25/01/14	ASA South Zonal Competition	Millfield School	Basingstoke	1
24.01	660	H	17/01/14	Catalan Swimming Championships	Barcelona, Spain	Basingstoke	1
24.05	657	H	09/08/15	ASA Summer Nationals 2015	Sheffield	Plymouth Lea	1
24.06	656		04/05/13	BG South East Region Youth Champs	Crawley	Basingstoke	1
24.06	656	H	03/12/13	World School Games	Brasilia	Basingstoke	1
24.08	654	S	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Basingstoke	1
24.08	654	H	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Plymouth Lea	1
24.09	653	S	17/01/14	Catalan Swimming Championships	Barcelona, Spain	Basingstoke	1
24.10	653	F	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Plymouth Lea	1
24.12	651	H	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Basingstoke	1
24.16	648		04/05/13	BG South East Region Youth Champs	Crawley	Basingstoke	1
24.16	648	H	25/01/14	ASA South Zonal Competition	Millfield School	Basingstoke	1
24.17	647	H	04/08/13	BG ASA National Youth Championships	Sheffield	Basingstoke	1
24.21	644		16/03/14	Hampshire County Championships	Portsmouth	Basingstoke	1
24.23	642	S	04/08/13	BG ASA National Youth Championships	Sheffield	Basingstoke	1
24.26	640		26/01/13	ASA Southern Region Zonal Competition	Crawley	Basingstoke	1
24.40	629		26/01/13	ASA Southern Region Zonal Competition	Crawley	Basingstoke	1
24.49	622	F	08/02/15	VII Meeting Internacional De Lisboa	Lisbon	Plymouth Lea	1
24.53	620	H	03/05/15	ASA South West Summer Championships	Plymouth	Plymouth Lea	1

24.52	620	F	03/03/13	ASA South West Summer Championships	Plymouth	Plymouth Lea	1
24.56	617	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Basingstoke	1
24.59	614	H	26/07/14	National Youth Team Championships	Portugal		1
24.62	612	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Basingstoke	1
24.66	609	H	08/03/12	British Gas Swimming Championships 2012	London	Basingstoke	1
24.66	609	F	13/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	Basingstoke	1
24.72	605	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Basingstoke	1
24.76	602	F	15/01/12	Portsmouth Open Meet	Portsmouth	Basingstoke	1
24.76	602	S	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Basingstoke	1
24.80	599		18/03/12	Hampshire County Championships	Portsmouth	Basingstoke	1
24.95	588		05/05/12	British Gas South East Youth Championship	Crawley	Basingstoke	1
24.97	587		05/05/12	British Gas South East Youth Championship	Crawley	Basingstoke	1
24.97	587	F	03/05/15	ASA South West Summer Championships	Plymouth	Plymouth Lea	1
25.00	585	H	08/02/15	VII Meeting Internacional De Lisboa	Lisbon	Plymouth Lea	1
25.01	584	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Basingstoke	1
25.01	584	F	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	Basingstoke	1
25.04	582	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Basingstoke	1
25.08	579		13/03/11	Hampshire County Championships	Portsmouth	Basingstoke	1
25.08	579		30/04/11	BG South East Region Youth Championships	Crawley	Basingstoke	1
25.08	579	F	12/02/12	Wycombe District Open Meet 2012	Wycombe	Basingstoke	1
25.14	575	H	31/07/11	British Gas ASA National Youth Champs	Sheffield	Basingstoke	1
25.15	574		30/04/11	BG South East Region Youth Championships	Crawley	Basingstoke	1
25.19	571	F	10/07/11	Portsmouth Northsea Non Qualifier Meet	Portsmouth	Basingstoke	3
25.19	571		17/03/13	Hampshire County Championships	Portsmouth	Basingstoke	1
25.27	566	F	27/11/11	Portsmouth Northsea Christmas Cracker Meet	Portsmouth	Basingstoke	1
25.31	563	F	16/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Basingstoke	1
25.38	559		18/03/12	Hampshire County Championships	Portsmouth	Basingstoke	1
25.40	557	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Basingstoke	1
25.46	553	F	13/02/11	Wycombe District Annual Long Course Meet	High Wycombe	Basingstoke	1
25.50	551	F	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Basingstoke	1
25.54	548	F	01/10/11	Portsmouth Northsea Open Meet	Portsmouth	Basingstoke	3
25.61	544		13/03/11	Hampshire County Championships	Portsmouth	Basingstoke	1
25.63	543		30/01/11	London, South East and South West Zonal	London	Basingstoke	1
25.64	542		30/01/11	London, South East and South West Zonal	London	Basingstoke	1
26.28	503	F	21/11/10	Crawley Not So Early Bird	Crawley	Basingstoke	1
26.34	500	H	08/05/10	Beckenham Open	London	Basingstoke	1
26.62	484		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Basingstoke	1
26.83	473		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Basingstoke	1
27.11	458	F	22/11/09	Crawley Not So Early Bird	Crawley	Basingstoke	1

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23.59	696	F	09/08/15	ASA Summer Nationals 2015	Sheffield	Plymouth Lea	1
24.05	657	H	09/08/15	ASA Summer Nationals 2015	Sheffield	Plymouth Lea	1
24.97	587	F	03/05/15	ASA South West Summer Championships	Plymouth	Plymouth Lea	1
24.52	620	H	03/05/15	ASA South West Summer Championships	Plymouth	Plymouth Lea	1
24.10	653	F	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Plymouth Lea	1
24.08	654	H	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Plymouth Lea	1
24.49	622	F	08/02/15	VII Meeting Internacional De Lisboa	Lisbon	Plymouth Lea	1
25.00	585	H	08/02/15	VII Meeting Internacional De Lisboa	Lisbon	Plymouth Lea	1

24.08	654	S	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Basingstoke	1
24.12	651	H	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Basingstoke	1
24.59	614	H	26/07/14	National Youth Team Championships	Portugal		1
23.87	672	R	24/07/14	National Youth Team Championships	Portugal		1
23.73	684	F	15/04/14	British Gas Championships 2014	Glasgow	Basingstoke	1
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23.93	667	F	25/01/14	ASA South Zonal Competition	Millfield School	Basingstoke	1
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24.09	653	S	17/01/14	Catalan Swimming Championships	Barcelona, Spain	Basingstoke	1
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23.88	671	F	03/12/13	World School Games	Brasilia	Basingstoke	1
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25.31	563	F	16/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Basingstoke	1
24.76	602	S	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Basingstoke	1
25.01	584	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Basingstoke	1
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24.97	587		05/05/12	British Gas South East Youth Championship	Crawley	Basingstoke	1
25.50	551	F	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Basingstoke	1
25.40	557	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Basingstoke	1
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