

# Individual Best Times (All Time)

Liam Apps - (294337) - City of Linc Pentaqua SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:29.92	296	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	Lincoln Vulc	1
5:41.46	267	H	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	Lincoln Vulc	3
5:42.22	265	H	15/04/12	Radford SC 30th Open Meet	Sheffield	Lincoln Vulc	1
5:56.96	234	H	25/04/11	Radford Easter Open Meet	Sheffield	Lincoln Vulc	1

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