

Individual Best Times (All Time)

Cernyw Evans - (276476) - Nofio Clwyd - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:01.51	591	F	02/08/11	Welsh Summer Nationals	Swansea	Mold	1
2:01.67	589	H	29/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Mold	1
2:01.99	584	H	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:02.00	584	H	02/07/11	Cardiff International Open Meet 2011	Cardiff	Mold	1
2:02.09	583	F	17/12/11	British Gas Swim Wales Winter Open Champs	Swansea	Mold	1
2:02.26	580	H	05/02/12	Derventio excel February Festival Open Mee	Sheffield	Mold	1
2:02.35	579	F	21/11/10	Swim Wales Winter Championships	Swansea	Mold	1
2:02.52	577	H	17/12/11	British Gas Swim Wales Winter Open Champs	Swansea	Mold	1
2:02.67	574	F	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Mold	1
2:02.68	574	F	05/04/10	Welsh Age Group & Youth Champs	Swansea	Mold	1
2:02.68	574	F	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:03.16	568	H	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Mold	1
2:03.17	567	H	02/08/11	Welsh Summer Nationals	Swansea	Mold	1
2:03.28	566	H	28/05/11	Celtic Tri Nations 2011	Swansea	Mold	1
2:03.42	564	F	02/07/11	Cardiff International Open Meet 2011	Cardiff	Mold	1
2:03.59	562	H	22/04/11	Welsh Age Group & Youth Championships	Swansea	Mold	1
2:03.75	559	H	21/11/10	Swim Wales Winter Championships	Swansea	Mold	1
2:03.93	557	F	03/07/10	Cardiff International Open	Cardiff	Mold	1
2:03.98	556	F	05/02/12	Derventio excel February Festival Open Mee	Sheffield	Mold	1
2:04.30	552	H	31/07/10	British Gas Nat Age Grps	Sheffield	Mold	1
2:04.47	550	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Mold	1
2:04.91	544	H	05/04/10	Welsh Age Group & Youth Champs	Swansea	Mold	1
2:05.84	532	H	08/01/11	Swim Wales New Year Dragon Meet	Swansea	Mold	1
2:05.89	531	H	03/07/10	Cardiff International Open	Cardiff	Mold	1
2:06.08	529	F	22/01/11	City of Liverpool Winter Distance Meet	Liverpool	Mold	1
2:06.13	528	F	08/01/11	Swim Wales New Year Dragon Meet	Swansea	Mold	1
2:07.45	516	H	20/12/10	BG Swim Wales National Championships	Swansea	Mold	1

2:07.15	516	H	20/12/13	BG Swim Wales National Championships	Swansea	Mold	1
2:08.67	498	F	10/01/10	Welsh New Year Dragon	Swansea	Mold	1
2:08.95	494	H	10/01/10	Welsh New Year Dragon	Swansea	Mold	1
2:09.30	490	F	20/11/09	BG Welsh Winter Meet 2009	Swansea	Mold	1
2:10.15	481		02/08/09	Welsh Summer Nationals	Swansea	Mold	1
2:10.67	475		02/08/09	Welsh Summer Nationals	Swansea	Mold	1
2:12.25	458	H	20/11/09	BG Welsh Winter Meet 2009	Swansea	Mold	1
2:20.86	379		10/04/09	Welsh Age & Youth Champs	Swansea	Mold	1
2:48.57	221		20/03/08	Welsh Age & Youth Champs	Swansea	Mold	1

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