

Individual Best Times (All Time)

Regina Chisholm - (271798) - Swim Bournemouth - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.30	480	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Croydon Amph	1
34.36	477	H	03/05/14	London Region Youth Championships 2014	London	Croydon Amph	1
34.46	473	F	17/11/12	Crawley Not So Early Bird Meet	Crawley	Croydon Amph	1
34.65	465	F	16/11/13	Crawley Not So Early Bird Meet	Crawley	Croydon Amph	1
34.73	462	H	04/05/13	London Region Youth Championships	London	Croydon Amph	1
34.78	460	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Croydon Amph	1
34.82	459	H	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	Croydon Amph	1
34.88	456	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Croydon Amph	1
35.02	451	H	23/03/14	BG Surrey County Championships	Crystal Palace	Croydon Amph	1
35.07	449	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Croydon Amph	1
35.30	440	F	23/03/14	BG Surrey County Championships	Crystal Palace	Croydon Amph	1
35.45	434	H	08/05/11	Beckenham International Open Meet	London	Croydon Amph	1
35.47	434	H	07/07/12	London Swimming Sprint Meet	London	Croydon Amph	3
36.59	395	H	12/07/14	London ASA Region Sprint Meet	Crystal Palace	Croydon Amph	3
36.80	388	F	14/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Croydon Amph	3
38.16	348	H	11/07/10	London Region Sprint Gala	Crystal Palace	Croydon Amph	3
39.14	323	H	12/07/09	London Region Sprint Gala	Crystal Palace	Croydon Amph	3
39.18	322	H	08/05/10	Beckenham Open	London	Croydon Amph	1
40.25	297	H	09/05/09	Beckenham Open Meet	Crystal Palace	Croydon Amph	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.82	459	H	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	Croydon Amph	1
36.59	395	H	12/07/14	London ASA Region Sprint Meet	Crystal Palace	Croydon Amph	3
34.36	477	H	03/05/14	London Region Youth Championships 2014	London	Croydon Amph	1
34.88	456	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Croydon Amph	1

35.30	440	F	23/03/14	BG Surrey County Championships	Crystal Palace	Croydon Amph	1
35.02	451	H	23/03/14	BG Surrey County Championships	Crystal Palace	Croydon Amph	1
34.78	460	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Croydon Amph	1
34.65	465	F	16/11/13	Crawley Not So Early Bird Meet	Crawley	Croydon Amph	1
34.73	462	H	04/05/13	London Region Youth Championships	London	Croydon Amph	1
34.30	480	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Croydon Amph	1
34.46	473	F	17/11/12	Crawley Not So Early Bird Meet	Crawley	Croydon Amph	1
36.80	388	F	14/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Croydon Amph	3
35.47	434	H	07/07/12	London Swimming Sprint Meet	London	Croydon Amph	3
35.07	449	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Croydon Amph	1
35.45	434	H	08/05/11	Beckenham International Open Meet	London	Croydon Amph	1
38.16	348	H	11/07/10	London Region Sprint Gala	Crystal Palace	Croydon Amph	3
39.18	322	H	08/05/10	Beckenham Open	London	Croydon Amph	1
39.14	323	H	12/07/09	London Region Sprint Gala	Crystal Palace	Croydon Amph	3
40.25	297	H	09/05/09	Beckenham Open Meet	Crystal Palace	Croydon Amph	2