

Individual Best Times (All Time)

Christopher Murphy - (260181) - Flitwick Dolphins SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:34.67	380	H	05/06/10	BG East Region Bagcats	Norwich	Flitwick	1
5:59.32	307	H	14/06/09	East Region Age Groups	Norwich	Flitwick	1
6:58.22	194	H	10/06/07	ASA East Region Bagcats	Norwich	Flitwick	1
7:07.93	181	H	12/05/07	City of Coventry May Mt	Coventry	Flitwick	1

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