

Individual Best Times (All Time)

James Penfare - (25395) - Orion SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
55.19	612		03/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Birm'ham Uni	1
55.29	608		03/04/10	Portsmouth Northsea Easter Meet	Portsmouth	Birm'ham Uni	1
55.48	602	H	13/02/11	BUCS Swimming Championships (50m) 2011	Sheffield	Birm'ham Uni	1
55.72	594	F	17/04/10	Crawley Spring LC Open Meet	Crawley	Birm'ham Uni	1
55.75	593	H	25/04/10	National Arena Swimming League Cup Final	Sheffield	Birm'ham Uni	1
56.08	583	H	08/01/10	Welsh New Year Dragon	Swansea	Birm'ham Uni	1
56.66	565	C	08/01/10	Welsh New Year Dragon	Swansea	Birm'ham Uni	1
56.83	560	F	21/11/09	Crawley Not So Early Bird	Crawley	Birm'ham Uni	1
56.88	559		09/05/10	ASA SE Region Youth Champs	Portsmouth	Birm'ham Uni	1
57.35	545	H	18/05/08	Rotherham Metro Open Meet	Sheffield	Birm'ham Uni	1
57.52	540		03/05/08	South East Region Youths	Aldershot	Birm'ham Uni	1
57.67	536		02/05/09	South East Region Champs	Aldershot	Birm'ham Uni	1
58.52	513	H	30/05/09	Sheffield No Frills Meet	Sheffield	Birm'ham Uni	1
1:01.03	452		06/10/07	Crawley Early Bird Meet	Crawley	Birm'ham Uni	1
1:02.14	428	H	14/04/07	Crawley Spring LC Meet	Crawley	Birm'ham Uni	1

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