

# Individual Best Times (All Time)

Sophie Quach - (228759) - Shiverers SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.60	505	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
37.36	475	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Shiverers	1
37.43	472	F	04/07/21	Take The Plunge L3 Open Meet 2021	Crawley		3
37.49	470	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Hatfield	1
38.80	424	F	29/05/17	PNSC May Madness Meet	Portsmouth	Shiverers	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.43	472	F	04/07/21	Take The Plunge L3 Open Meet 2021	Crawley		3
37.49	470	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Hatfield	1
37.36	475	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Shiverers	1
36.60	505	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
38.80	424	F	29/05/17	PNSC May Madness Meet	Portsmouth	Shiverers	1