

# Individual Best Times (All Time)

Sophie Quach - (228759) - Shiverers SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.57	592	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Hatfield	1
1:01.90	582	F	11/02/17	Sussex County Championships & Age Group Comp	Crawley	Shiverers	1
1:01.93	582	F	11/02/17	Sussex County Championships & Age Group Comp	Crawley	Shiverers	1
1:02.03	579	F	28/02/15	Sussex County Championships	Crawley	Shiverers	1
1:02.20	574	F	13/02/16	Sussex County Championships	Crawley	Shiverers	1
1:02.28	572	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Hatfield	1
1:02.30	571	F	28/02/15	Sussex County Championships	Crawley	Shiverers	1
1:02.38	569	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Shiverers	1
1:02.44	567	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
1:02.58	564	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
1:02.64	562	F	26/09/21	Crawley SC Lis Hartley L3 Crawley LC Open Meet 21	Crawley		3
1:02.70	560	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Hatfield	1
1:02.92	555	F	29/05/17	PNSC May Madness Meet	Portsmouth	Shiverers	1
1:03.02	552	H	14/03/20	Liverpool Spring Open Meet 2020	Liverpool	Warrington W	1
1:03.04	551	F	22/06/19	2019 Long Course Summer Open	London	Hatfield	1
1:03.14	549	H	31/05/15	ASASER Swimming Championships	Crawley	Shiverers	1
1:03.30	545	F	15/11/14	Crawley Not so Early Bird Gala	Crawley	Shiverers	3
1:03.48	540	F	13/02/16	Sussex County Championships	Crawley	Shiverers	1
1:04.21	522	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Shiverers	1
1:05.54	491	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Shiverers	1
1:24.21	231	F	04/10/09	Crawley LC Opportunity Mt	Crawley	Shiverers	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.64	562	F	26/09/21	Crawley SC Lis Hartley L3 Crawley LC Open Meet 21	Crawley		3
1:03.02	552	H	14/03/20	Liverpool Spring Open Meet 2020	Liverpool	Warrington W	1

1:03.04	551	F	22/06/19	2019 Long Course Summer Open	London	Hatfield	1
1:02.70	560	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Hatfield	1
1:02.28	572	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Hatfield	1
1:02.58	564	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
1:02.38	569	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Shiverers	1
1:02.44	567	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
1:01.57	592	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Hatfield	1
1:02.92	555	F	29/05/17	PNSC May Madness Meet	Portsmouth	Shiverers	1
1:01.93	582	F	11/02/17	Sussex County Championships & Age Group Comp	Crawley	Shiverers	1
1:01.90	582	F	11/02/17	Sussex County Championships & Age Group Comp	Crawley	Shiverers	1
1:03.48	540	F	13/02/16	Sussex County Championships	Crawley	Shiverers	1
1:02.20	574	F	13/02/16	Sussex County Championships	Crawley	Shiverers	1
1:03.14	549	H	31/05/15	ASASER Swimming Championships	Crawley	Shiverers	1
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1:04.21	522	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Shiverers	1
1:05.54	491	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Shiverers	1
1:24.21	231	F	04/10/09	Crawley LC Opportunity Mt	Crawley	Shiverers	3