

Individual Best Times (All Time)

Shaun Muscroft - (210682) - City of Liverpool SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:03.00	512	H	30/04/11	BG North West Region Youth Championships	Liverpool	Co Manch Aq	1
5:05.85	498	F	14/05/11	City of Manchester Aquatics Open Meet	Manchester	Co Manch Aq	1
5:09.64	480	H	05/05/12	North West Region Youth Champs	Manchester	Co Manch Aq	1
5:14.73	457	F	30/04/11	BG North West Region Youth Championships	Liverpool	Co Manch Aq	1
5:21.34	429	H	02/10/10	City of Leeds Junior Open	Leeds	Co Manch Aq	1
6:08.59	284	H	06/10/07	City of Leeds Junior Meet	Leeds	Co Manch Aq	2
6:10.56	280	H	03/06/07	ASANWR Age Groups Meet	Manchester	Co Manch Aq	1
6:11.85	277	F	03/06/07	ASANWR Age Groups Meet	Manchester	Co Manch Aq	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.64	480	H	05/05/12	North West Region Youth Champs	Manchester	Co Manch Aq	1
5:05.85	498	F	14/05/11	City of Manchester Aquatics Open Meet	Manchester	Co Manch Aq	1
5:14.73	457	F	30/04/11	BG North West Region Youth Championships	Liverpool	Co Manch Aq	1
5:03.00	512	H	30/04/11	BG North West Region Youth Championships	Liverpool	Co Manch Aq	1
5:21.34	429	H	02/10/10	City of Leeds Junior Open	Leeds	Co Manch Aq	1
6:08.59	284	H	06/10/07	City of Leeds Junior Meet	Leeds	Co Manch Aq	2
6:11.85	277	F	03/06/07	ASANWR Age Groups Meet	Manchester	Co Manch Aq	1
6:10.56	280	H	03/06/07	ASANWR Age Groups Meet	Manchester	Co Manch Aq	1