

Individual Best Times (All Time)

George Epsly - (206930) - Basildon and Phoenix SC - 200 Breaststroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------|---------|-----------------|-------|
| 3:47.84 | 167 | H | 14/06/08 | East Region Bagcat Champs | Norwich | Plymouth Lea | 1 |

Swims in Date Order

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