

Individual Best Times (All Time)

Josef Craig - (205176) - South Tyneside SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.19	522	F	11/09/16	Paralympics Games 2016	Rio		1
58.73	507	H	11/09/16	Paralympics Games 2016	Rio		1
59.19	496	F	30/07/15	British Summer Championships	Sheffield		1
59.32	492	H	23/04/16	British Para-Swimming Championships	Glasgow	Co Sund'land	1
1:00.13	473	H	23/04/16	British Para-Swimming Championships	Glasgow	Co Sund'land	1
1:00.17	472	H	30/07/15	British Summer Championships	Sheffield		1
1:00.27	470	F	26/03/15	British Para Swimming International	Glasgow		1
1:00.46	465	H	27/04/17	British Para Swimming International 2017	Sheffield		1
1:00.52	464	F	09/08/14	2014 IPC Swimming European Championships	Eindhoven		1
1:00.56	463	F	18/04/14	British-Para Swimming International	Glasgow	Co Sund'land	1
1:00.69	460	F	28/07/16	British Summer Championships	Sheffield	Co Sund'land	1
1:00.89	455	H	26/03/15	British Para Swimming International	Glasgow		1
1:00.89	455	F	30/06/16	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:00.95	454	H	28/07/16	British Summer Championships	Sheffield	Co Sund'land	1
1:01.03	452	F	27/04/14	IDM Berlin 2014	Berlin	Co Sund'land	1
1:01.09	451	H	27/04/17	British Para Swimming International 2017	Sheffield		1
1:01.22	448	H	04/02/17	Dave McCullagh Memorial Meet	Bangor		1
1:01.29	446	F	10/04/14	British Gas Championships 2014	Glasgow	Co Sund'land	1
1:01.36	445	F	25/06/15	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:01.48	442	H	10/12/16	National Para Swimming Championships	Manchester	Co Sund'land	1
1:01.52	441	H	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	Co Sund'land	1
1:01.54	441	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Co Sund'land	1
1:01.54	441	H	18/04/14	British-Para Swimming International	Glasgow	Co Sund'land	1
1:01.74	437	F	16/08/13	IPC Swimming World Championships	Montreal, Canada	Co Sund'land	1
1:01.84	435	H	25/06/15	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:01.89	434	H	30/06/16	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:01.94	433	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Co Sund'land	1

1:01.34	433	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Co Sunderland	1
1:02.01	431	H	10/04/14	British Gas Championships 2014	Glasgow	Co Sund'land	1
1:02.05	430	H	24/01/15	Burns Open Meet 2015	Sheffield		1
1:02.10	429	H	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland		1
1:02.20	427	F	03/09/12	Paralympic Games 2012	London	Co Sund'land	1
1:02.23	426	H	09/05/15	ASA North East Regional Championships	Sunderland		1
1:02.30	425	F	26/06/13	British Gas Swimming Championships	Sheffield	Co Sund'land	1
1:02.30	425	H	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Co Sund'land	3
1:02.39	423	F	26/07/18	British Summer Championships	Sheffield	Co Sund'land	1
1:02.46	422	H	28/02/15	Northumberland & Durham County Championships	Sunderland		1
1:02.51	421	H	24/06/14	British Gas International Swimming Meet 2014	Manchester	Co Sund'land	1
1:02.59	419	H	16/08/13	IPC Swimming World Championships	Montreal, Canada	Co Sund'land	1
1:02.76	416	H	27/04/14	IDM Berlin 2014	Berlin	Co Sund'land	1
1:02.80	415	H	22/12/13	Co Leeds Christmas Meet 2013	Leeds	Co Sund'land	1
1:02.86	414	F	07/03/13	British Gas International 2013	Leeds	Co Sund'land	1
1:02.87	414	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland		3
1:02.89	413	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Co Sund'land	1
1:02.90	413	F	25/04/13	British International Disability Champs	Sheffield	Co Sund'land	1
1:03.04	410	H	25/04/13	British International Disability Champs	Sheffield	Co Sund'land	1
1:03.08	409	H	26/07/18	British Summer Championships	Sheffield	Co Sund'land	1
1:03.09	409	H	19/03/16	City of Sunderland National Qualifier	Sunderland	Co Sund'land	1
1:03.15	408	H	27/05/18	2018 Glasgow International Swim Meet	Glasgow	Co Sund'land	1
1:03.16	408	H	31/05/18	British Para-Swimming International	Sheffield	Co Sund'land	1
1:03.20	407	H	05/05/18	North East Region Championships	Sheffield	Co Sund'land	1
1:03.25	406	H	07/03/13	British Gas International 2013	Leeds	Co Sund'land	1
1:03.29	405	H	17/01/15	City of Sunderland New Year Meet	Sunderland		1
1:03.35	404	H	31/05/18	British Para-Swimming International	Sheffield	Co Sund'land	1
1:03.43	403	F	25/06/14	British Gas International Swimming Meet 2014	Manchester	Co Sund'land	1
1:03.66	398	H	31/01/16	Burns Open Meet 2016	Sheffield	Co Sund'land	1
1:03.67	398	H	26/06/13	British Gas Swimming Championships	Sheffield	Co Sund'land	1
1:03.71	397	H	17/05/14	City of Sunderland May Open 2014	Sunderland	Co Sund'land	1
1:03.93	393	F	07/04/12	British International Disability Champs	Sheffield	Co Sund'land	1
1:04.00	392	H	03/09/12	Paralympic Games 2012	London	Co Sund'land	1
1:04.35	386	F	06/03/12	British Gas Swimming Championships 2012	London	Co Sund'land	1
1:04.66	380	H	27/02/16	Northumberland & Durham County Champs	Sunderland	Co Sund'land	1
1:05.00	374	F	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Co Sund'land	1
1:05.22	370	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Co Sund'land	1
1:05.40	367	H	07/04/12	British International Disability Champs	Sheffield	Co Sund'land	1
1:05.78	361	H	06/03/12	British Gas Swimming Championships 2012	London	Co Sund'land	1
1:05.84	360	H	28/01/12	ASA Northern Zonal Meet	Sheffield	Co Sund'land	1
1:06.84	344	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Co Sund'land	1
1:08.23	323	H	30/01/11	North & North West Zonal Competition	Sheffield	Co Sund'land	1
1:08.40	321	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Co Sund'land	1
1:08.54	319	H	09/04/11	British Disability International Champions	Sheffield	Co Sund'land	1
1:08.83	315	H	18/12/11	British Gas Swim Wales Winter Open Champs	Swansea	Co Sund'land	1
1:09.45	307	H	21/05/11	City of Sunderland May Open Meet	Sunderland	Co Sund'land	1
1:09.47	306	F	09/04/11	British Disability International Champions	Sheffield	Co Sund'land	1
1:09.55	305	H	28/04/11	IDM Berlin	Berlin		1
1:09.76	303	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
1:10.05	299	H	08/03/11	British Gas Swimming Championships 2011	Manchester	Co Sund'land	1
1:11.29	284	H	19/08/10	BG ASA Championships 2010	Sunderland	Co Sund'land	1
1:11.95	276	H	30/06/11	Scottish Gas National Open Championships	Glasgow	Co Sund'land	1
1:13.55	258	H	05/09/10	UK School Games 2010	Sunderland	Co Sund'land	1
1:13.62	257	H	01/05/10	North East Champs	Sunderland	Co Sund'land	1

1:14.70	246	H	18/04/10	GB International	Sheffield	Co Sund'land	1
1:15.02	243	H	03/04/10	British Gas Championships	Sheffield	Co Sund'land	1
1:17.57	220	F	13/12/09	Welsh Disability LC Champs	Swansea	Co Sund'land	1
1:27.15	155	H	02/05/09	North East Region Champs	Sunderland	Co Sund'land	1
1:27.78	152	H	17/05/09	National Disability Champ	Sheffield	Co Sund'land	1
1:29.14	145	H	30/05/09	City of Sunderland Open	Sunderland	Co Sund'land	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.76	303	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
1:02.39	423	F	26/07/18	British Summer Championships	Sheffield	Co Sund'land	1
1:03.08	409	H	26/07/18	British Summer Championships	Sheffield	Co Sund'land	1
1:03.35	404	H	31/05/18	British Para-Swimming International	Sheffield	Co Sund'land	1
1:03.16	408	H	31/05/18	British Para-Swimming International	Sheffield	Co Sund'land	1
1:03.15	408	H	27/05/18	2018 Glasgow International Swim Meet	Glasgow	Co Sund'land	1
1:03.20	407	H	05/05/18	North East Region Championships	Sheffield	Co Sund'land	1
1:05.22	370	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Co Sund'land	1
1:01.09	451	H	27/04/17	British Para Swimming International 2017	Sheffield		1
1:00.46	465	H	27/04/17	British Para Swimming International 2017	Sheffield		1
1:01.22	448	H	04/02/17	Dave McCullagh Memorial Meet	Bangor		1
1:01.94	433	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Co Sund'land	1
1:01.48	442	H	10/12/16	National Para Swimming Championships	Manchester	Co Sund'land	1
58.19	522	F	11/09/16	Paralympics Games 2016	Rio		1
58.73	507	H	11/09/16	Paralympics Games 2016	Rio		1
1:00.69	460	F	28/07/16	British Summer Championships	Sheffield	Co Sund'land	1
1:00.95	454	H	28/07/16	British Summer Championships	Sheffield	Co Sund'land	1
1:00.89	455	F	30/06/16	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:01.89	434	H	30/06/16	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:00.13	473	H	23/04/16	British Para-Swimming Championships	Glasgow	Co Sund'land	1
59.32	492	H	23/04/16	British Para-Swimming Championships	Glasgow	Co Sund'land	1
1:03.09	409	H	19/03/16	City of Sunderland National Qualifier	Sunderland	Co Sund'land	1
1:04.66	380	H	27/02/16	Northumberland & Durham County Champs	Sunderland	Co Sund'land	1
1:03.66	398	H	31/01/16	Burns Open Meet 2016	Sheffield	Co Sund'land	1
59.19	496	F	30/07/15	British Summer Championships	Sheffield		1
1:00.17	472	H	30/07/15	British Summer Championships	Sheffield		1
1:02.87	414	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland		3
1:01.36	445	F	25/06/15	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:01.84	435	H	25/06/15	Scottish National Open Championships	Glasgow	Co Sund'land	1
1:02.10	429	H	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland		1
1:02.23	426	H	09/05/15	ASA North East Regional Championships	Sunderland		1
1:00.27	470	F	26/03/15	British Para Swimming International	Glasgow		1
1:00.89	455	H	26/03/15	British Para Swimming International	Glasgow		1
1:02.46	422	H	28/02/15	Northumberland & Durham County Championships	Sunderland		1
1:02.05	430	H	24/01/15	Burns Open Meet 2015	Sheffield		1
1:03.29	405	H	17/01/15	City of Sunderland New Year Meet	Sunderland		1
1:00.52	464	F	09/08/14	2014 IPC Swimming European Championships	Eindhoven		1
1:02.30	425	H	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Co Sund'land	3
1:03.43	403	F	25/06/14	British Gas International Swimming Meet 2014	Manchester	Co Sund'land	1
1:02.51	421	H	24/06/14	British Gas International Swimming Meet 2014	Manchester	Co Sund'land	1
1:03.71	397	H	17/05/14	City of Sunderland May Open 2014	Sunderland	Co Sund'land	1
1:01.52	441	H	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	Co Sund'land	1
1:01.03	452	F	27/04/14	IDM Berlin 2014	Berlin	Co Sund'land	1
1:02.76	416	H	27/04/14	IDM Berlin 2014	Berlin	Co Sund'land	1

1:00.56	463	F	18/04/14	British-Para Swimming International	Glasgow	Co Sund'land	1
1:01.54	441	H	18/04/14	British-Para Swimming International	Glasgow	Co Sund'land	1
1:01.29	446	F	10/04/14	British Gas Championships 2014	Glasgow	Co Sund'land	1
1:02.01	431	H	10/04/14	British Gas Championships 2014	Glasgow	Co Sund'land	1
1:01.54	441	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Co Sund'land	1
1:02.80	415	H	22/12/13	Co Leeds Christmas Meet 2013	Leeds	Co Sund'land	1
1:01.74	437	F	16/08/13	IPC Swimming World Championships	Montreal, Canada	Co Sund'land	1
1:02.59	419	H	16/08/13	IPC Swimming World Championships	Montreal, Canada	Co Sund'land	1
1:02.30	425	F	26/06/13	British Gas Swimming Championships	Sheffield	Co Sund'land	1
1:03.67	398	H	26/06/13	British Gas Swimming Championships	Sheffield	Co Sund'land	1
1:02.90	413	F	25/04/13	British International Disability Champs	Sheffield	Co Sund'land	1
1:03.04	410	H	25/04/13	British International Disability Champs	Sheffield	Co Sund'land	1
1:02.86	414	F	07/03/13	British Gas International 2013	Leeds	Co Sund'land	1
1:03.25	406	H	07/03/13	British Gas International 2013	Leeds	Co Sund'land	1
1:02.89	413	H	26/01/13	ASA Northern Region Zonal Competition	Sheffield	Co Sund'land	1
1:02.20	427	F	03/09/12	Paralympic Games 2012	London	Co Sund'land	1
1:04.00	392	H	03/09/12	Paralympic Games 2012	London	Co Sund'land	1
1:05.00	374	F	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Co Sund'land	1
1:06.84	344	H	21/07/12	BG ASA National Youth Championships 2012	Sheffield	Co Sund'land	1
1:03.93	393	F	07/04/12	British International Disability Champs	Sheffield	Co Sund'land	1
1:05.40	367	H	07/04/12	British International Disability Champs	Sheffield	Co Sund'land	1
1:04.35	386	F	06/03/12	British Gas Swimming Championships 2012	London	Co Sund'land	1
1:05.78	361	H	06/03/12	British Gas Swimming Championships 2012	London	Co Sund'land	1
1:05.84	360	H	28/01/12	ASA Northern Zonal Meet	Sheffield	Co Sund'land	1
1:08.83	315	H	18/12/11	British Gas Swim Wales Winter Open Champs	Swansea	Co Sund'land	1
1:11.95	276	H	30/06/11	Scottish Gas National Open Championships	Glasgow	Co Sund'land	1
1:09.45	307	H	21/05/11	City of Sunderland May Open Meet	Sunderland	Co Sund'land	1
1:08.40	321	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Co Sund'land	1
1:09.55	305	H	28/04/11	IDM Berlin	Berlin		1
1:09.47	306	F	09/04/11	British Disability International Champions	Sheffield	Co Sund'land	1
1:08.54	319	H	09/04/11	British Disability International Champions	Sheffield	Co Sund'land	1
1:10.05	299	H	08/03/11	British Gas Swimming Championships 2011	Manchester	Co Sund'land	1
1:08.23	323	H	30/01/11	North & North West Zonal Competition	Sheffield	Co Sund'land	1
1:13.55	258	H	05/09/10	UK School Games 2010	Sunderland	Co Sund'land	1
1:11.29	284	H	19/08/10	BG ASA Championships 2010	Sunderland	Co Sund'land	1
1:13.62	257	H	01/05/10	North East Champs	Sunderland	Co Sund'land	1
1:14.70	246	H	18/04/10	GB International	Sheffield	Co Sund'land	1
1:15.02	243	H	03/04/10	British Gas Championships	Sheffield	Co Sund'land	1
1:17.57	220	F	13/12/09	Welsh Disability LC Champs	Swansea	Co Sund'land	1
1:29.14	145	H	30/05/09	City of Sunderland Open	Sunderland	Co Sund'land	1
1:27.78	152	H	17/05/09	National Disability Champ	Sheffield	Co Sund'land	1
1:27.15	155	H	02/05/09	North East Region Champs	Sunderland	Co Sund'land	1