

Individual Best Times (All Time)

William Clark - (204655) - City of Linc Pentaqua SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 4:25.35 | 570 | H | 09/04/11 | Bexley Long Course Open Meet | Crystal Palace | Kingston Roy | 1 |
| 4:27.02 | 559 | F | 24/04/11 | Welsh Age Group & Youth Championships | Swansea | Kingston Roy | 1 |
| 4:27.46 | 557 | H | 28/05/11 | Crystal Palace Beacon Long Course Meet | London | Kingston Roy | 1 |
| 4:28.68 | 549 | H | 03/12/11 | BG London Region Winter Championships | London | Kingston Roy | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 4:28.68 | 549 | H | 03/12/11 | BG London Region Winter Championships | London | Kingston Roy | 1 |
| 4:27.46 | 557 | H | 28/05/11 | Crystal Palace Beacon Long Course Meet | London | Kingston Roy | 1 |
| 4:27.02 | 559 | F | 24/04/11 | Welsh Age Group & Youth Championships | Swansea | Kingston Roy | 1 |
| 4:25.35 | 570 | H | 09/04/11 | Bexley Long Course Open Meet | Crystal Palace | Kingston Roy | 1 |