

Individual Best Times (All Time)

James Clark - (186554) - Swindon Dolphin ASC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.49	609	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Bath Univ	1
2:14.68	606	F	04/05/13	ASA South West Regional Championships	Millfield	Bath Univ	1
2:16.48	582	H	04/05/13	ASA South West Regional Championships	Millfield	Bath Univ	1
2:18.01	563	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bath Univ	1
2:18.01	563	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bath Univ	1
2:18.61	556	H	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Bath Univ	1
2:19.21	549	H	01/05/10	South West Youth Champs	Millfield	Bath Univ	1
2:19.29	548		17/04/10	Taunton Deane Easter Meet	Millfield	Bath Univ	1
2:20.29	536	H	29/05/10	Sheffield No Frills Meet	Sheffield	Bath Univ	1
2:20.85	530	F	05/12/10	Team Bath Aquae Sulis Meet	Bath	Bath Univ	1
2:21.96	517	H	05/05/12	BG SWR Youth Championships	Plymouth	Bath Univ	1
2:22.50	512	F	08/01/10	Welsh New Year Dragon	Swansea	Bath Univ	1
2:23.05	506	H	03/07/11	Cardiff International Open Meet 2011	Cardiff	Bath Univ	1
2:23.23	504	H	08/01/10	Welsh New Year Dragon	Swansea	Bath Univ	1
2:23.43	502	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Bath Univ	1
2:23.75	498	H	28/01/12	ASA South Zonal Meet	Millfield	Bath Univ	1
2:23.88	497	F	03/07/11	Cardiff International Open Meet 2011	Cardiff	Bath Univ	1
2:24.54	490		19/12/09	Plymouth Leander Open Mt	Millfield	Bath Univ	1
2:24.97	486		30/01/11	London, South East and South West Zonal	London	Bath Univ	1
2:25.21	483	F	01/05/10	South West Youth Champs	Millfield	Bath Univ	1
2:25.30	482		19/12/09	Plymouth Leander Open Mt	Millfield	Bath Univ	1
2:25.52	480	H	07/06/09	South West Region Champs	Millfield	Bath Univ	1
2:26.39	472	F	07/06/09	South West Region Champs	Millfield	Bath Univ	1
2:27.07	465	H	09/01/11	Swim Wales New Year Dragon Meet	Swansea	Bath Univ	1
2:27.64	460		15/05/09	Swim Swansea LC Meet	Swansea	Bath Univ	1
2:27.99	457		15/05/09	Swim Swansea LC Meet	Swansea	Bath Univ	1
2:28.65	452	H	14/01/12	City of Derby Open Meet	Sheffield	Bath Univ	1

2:30.03	433	H	10/01/09	City of Derby Open Meet	Sheffield	Bath Univ	1
2:30.81	431		05/12/08	Team Bath Grand Prix	Bath	Bath Univ	1
2:34.31	403		05/12/08	Team Bath Grand Prix	Bath	Bath Univ	1
2:34.61	400		11/01/08	Welsh New Year Dragon	Swansea	Bath Univ	1
2:34.62	400		16/05/08	Swim Swansea Open Meet	Swansea	Bath Univ	1
2:34.76	399		11/01/08	Welsh New Year Dragon	Swansea	Bath Univ	1
2:35.35	395	F	07/01/07	City of Derby LC Open	Sheffield	Bath Univ	1
2:35.62	393		30/11/07	Team Bath Open Meet	University of Bath	Bath Univ	1
2:35.84	391	H	14/06/08	South West Region Champs	Millfield	Bath Univ	1
2:37.24	381	F	14/06/08	South West Region Champs	Millfield	Bath Univ	1
2:37.52	379	H	16/06/07	South West Region Age Grp	Millfield	Bath Univ	1
2:37.79	377	F	27/07/06	National AG Champs 2006	Sheffield	Bath Univ	1
2:38.19	374	F	16/06/07	South West Region Age Grp	Millfield	Bath Univ	1
2:38.36	373	H	07/01/07	City of Derby LC Open	Sheffield	Bath Univ	1
2:38.97	368	H	27/07/06	National AG Champs 2006	Sheffield	Bath Univ	1
2:39.36	366	H	25/07/07	National Age Groups 2007	Sheffield	Bath Univ	1
2:42.70	343	H	17/06/06	South West Region BAGCATS	Millfield	Bath Univ	1
2:43.45	339	F	08/01/06	City of Derby LC Meet	Sheffield	Bath Univ	1
2:43.55	338	F	17/06/06	South West Region BAGCATS	Millfield	Bath Univ	1
2:43.65	338	H	08/01/06	City of Derby LC Meet	Sheffield	Bath Univ	1
2:54.19	280	F	11/06/05	Western Counties Bagcats Champ	Millfield	Bath Univ	1
2:54.30	279	H	11/06/05	Western Counties Bagcats Champ	Millfield	Bath Univ	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.49	609	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Bath Univ	1
2:14.68	606	F	04/05/13	ASA South West Regional Championships	Millfield	Bath Univ	1
2:16.48	582	H	04/05/13	ASA South West Regional Championships	Millfield	Bath Univ	1
2:21.96	517	H	05/05/12	BG SWR Youth Championships	Plymouth	Bath Univ	1
2:18.01	563	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bath Univ	1
2:18.01	563	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bath Univ	1
2:23.75	498	H	28/01/12	ASA South Zonal Meet	Millfield	Bath Univ	1
2:18.61	556	H	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Bath Univ	1
2:23.88	497	F	03/07/11	Cardiff International Open Meet 2011	Cardiff	Bath Univ	1
2:23.05	506	H	03/07/11	Cardiff International Open Meet 2011	Cardiff	Bath Univ	1
2:23.43	502	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Bath Univ	1
2:24.97	486		30/01/11	London, South East and South West Zonal	London	Bath Univ	1
2:27.07	465	H	09/01/11	Swim Wales New Year Dragon Meet	Swansea	Bath Univ	1
2:20.85	530	F	05/12/10	Team Bath Aquae Sulis Meet	Bath	Bath Univ	1
2:20.29	536	H	29/05/10	Sheffield No Frills Meet	Sheffield	Bath Univ	1
2:25.21	483	F	01/05/10	South West Youth Champs	Millfield	Bath Univ	1
2:19.21	549	H	01/05/10	South West Youth Champs	Millfield	Bath Univ	1
2:19.29	548		17/04/10	Taunton Deane Easter Meet	Millfield	Bath Univ	1
2:22.50	512	F	08/01/10	Welsh New Year Dragon	Swansea	Bath Univ	1
2:23.23	504	H	08/01/10	Welsh New Year Dragon	Swansea	Bath Univ	1
2:25.30	482		19/12/09	Plymouth Leander Open Mt	Millfield	Bath Univ	1
2:24.54	490		19/12/09	Plymouth Leander Open Mt	Millfield	Bath Univ	1
2:26.39	472	F	07/06/09	South West Region Champs	Millfield	Bath Univ	1
2:25.52	480	H	07/06/09	South West Region Champs	Millfield	Bath Univ	1
2:27.99	457		15/05/09	Swim Swansea LC Meet	Swansea	Bath Univ	1
2:27.64	460		15/05/09	Swim Swansea LC Meet	Swansea	Bath Univ	1
2:30.65	433	H	10/01/09	City of Derby Open Meet	Sheffield	Bath Univ	1
2:34.31	403		05/12/08	Team Bath Grand Prix	Bath	Bath Univ	1

2:30.81	431		05/12/08	Team Bath Grand Prix	Bath	Bath Univ	1
2:37.24	381	F	14/06/08	South West Region Champs	Millfield	Bath Univ	1
2:35.84	391	H	14/06/08	South West Region Champs	Millfield	Bath Univ	1
2:34.62	400		16/05/08	Swim Swansea Open Meet	Swansea	Bath Univ	1
2:34.76	399		11/01/08	Welsh New Year Dragon	Swansea	Bath Univ	1
2:34.61	400		11/01/08	Welsh New Year Dragon	Swansea	Bath Univ	1
2:35.62	393		30/11/07	Team Bath Open Meet	University of Bath	Bath Univ	1
2:39.36	366	H	25/07/07	National Age Groups 2007	Sheffield	Bath Univ	1
2:38.19	374	F	16/06/07	South West Region Age Grp	Millfield	Bath Univ	1
2:37.52	379	H	16/06/07	South West Region Age Grp	Millfield	Bath Univ	1
2:35.35	395	F	07/01/07	City of Derby LC Open	Sheffield	Bath Univ	1
2:38.36	373	H	07/01/07	City of Derby LC Open	Sheffield	Bath Univ	1
2:37.79	377	F	27/07/06	National AG Champs 2006	Sheffield	Bath Univ	1
2:38.97	368	H	27/07/06	National AG Champs 2006	Sheffield	Bath Univ	1
2:43.55	338	F	17/06/06	South West Region BAGCATS	Millfield	Bath Univ	1
2:42.70	343	H	17/06/06	South West Region BAGCATS	Millfield	Bath Univ	1
2:43.45	339	F	08/01/06	City of Derby LC Meet	Sheffield	Bath Univ	1
2:43.65	338	H	08/01/06	City of Derby LC Meet	Sheffield	Bath Univ	1
2:54.19	280	F	11/06/05	Western Counties Bagcats Champ	Millfield	Bath Univ	1
2:54.30	279	H	11/06/05	Western Counties Bagcats Champ	Millfield	Bath Univ	1