

Individual Best Times (All Time)

Justin Langford - (18118) - Staines Swimming Club - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.22	553		02/11/08	South East Region Champs	Aldershot	Tring	1
1:00.40	548		02/05/09	South East Region Champs	Aldershot	Tring	1
1:00.48	546		14/02/09	Wycombe District Annual	High Wycombe	Tring	2
1:00.97	533		06/12/09	Northampton Winter Meet	Corby	Tring	1
1:01.04	531		04/10/08	Crawley Early Bird Meet	Crawley	Tring	1
1:01.09	530	H	10/05/09	Beckenham Open Meet	Crystal Palace	Tring	2
1:01.10	530		02/11/08	South East Region Champs	Aldershot	Tring	1
1:01.26	525		04/11/07	South East Winter Champs	Crawley	Tring	1
1:01.32	524		06/10/07	Crawley Early Bird Meet	Crawley	Tring	1
1:01.42	521		19/04/08	Crawley Spring Open Meet	Crawley	Tring	1
1:01.58	517		03/05/08	South East Region Youths	Aldershot	Tring	1
1:02.31	499	H	08/10/06	Crawley Early Bird	Crawley	Tring	1
1:02.36	498	H	13/02/10	BUCS Long Course Champs	Sheffield	Tring	1
1:02.40	497	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Tring	1
1:02.50	495	F	18/04/10	Crawley Spring LC Open Meet	Crawley	Tring	1
1:02.89	486	F	29/04/06	ASA South East Region	Aldershot	Tring	1
1:02.99	483	H	29/04/06	ASA South East Region	Aldershot	Tring	1
1:03.16	479	H	06/05/12	ASA East Region Youth Championships	Basildon	Tring	1
1:03.31	476	H	06/05/06	Beckenham Open Meet	Crystal Palace	Tring	2
1:03.56	470	H	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	Co Wakefield	1
1:03.96	462	H	01/04/06	Bexley Long Course Open Mt	Crystal Palace	Tring	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.56	470	H	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	Co Wakefield	1
1:03.16	479	H	06/05/12	ASA East Region Youth Championships	Basildon	Tring	1

1:02.40	497	F	18/12/11	Hillingdon Winter Open Meet	Hillingdon	Tring	1
1:02.50	495	F	18/04/10	Crawley Spring LC Open Meet	Crawley	Tring	1
1:02.36	498	H	13/02/10	BUCS Long Course Champs	Sheffield	Tring	1
1:00.97	533		06/12/09	Northampton Winter Meet	Corby	Tring	1
1:01.09	530	H	10/05/09	Beckenham Open Meet	Crystal Palace	Tring	2
1:00.40	548		02/05/09	South East Region Champs	Aldershot	Tring	1
1:00.48	546		14/02/09	Wycombe District Annual	High Wycombe	Tring	2
1:01.10	530		02/11/08	South East Region Champs	Aldershot	Tring	1
1:00.22	553		02/11/08	South East Region Champs	Aldershot	Tring	1
1:01.04	531		04/10/08	Crawley Early Bird Meet	Crawley	Tring	1
1:01.58	517		03/05/08	South East Region Youths	Aldershot	Tring	1
1:01.42	521		19/04/08	Crawley Spring Open Meet	Crawley	Tring	1
1:01.26	525		04/11/07	South East Winter Champs	Crawley	Tring	1
1:01.32	524		06/10/07	Crawley Early Bird Meet	Crawley	Tring	1
1:02.31	499	H	08/10/06	Crawley Early Bird	Crawley	Tring	1
1:03.31	476	H	06/05/06	Beckenham Open Meet	Crystal Palace	Tring	2
1:02.89	486	F	29/04/06	ASA South East Region	Aldershot	Tring	1
1:02.99	483	H	29/04/06	ASA South East Region	Aldershot	Tring	1
1:03.96	462	H	01/04/06	Bexley Long Course Open Mt	Crystal Palace	Tring	2