

Individual Best Times (All Time)

Freya Griffiths - (180046) - Bebington SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.85	483	F	15/05/11	City of Manchester Aquatics Open Meet	Manchester	Bebington	1
5:01.63	475	F	22/01/11	City of Liverpool Winter Distance Meet	Liverpool	Bebington	1
5:03.97	464	H	05/06/11	BG North West Region Age Group Championshi	Manchester	Bebington	1
5:05.92	455	F	16/05/10	City of Manchester Open Meet	Manchester	Bebington	1
5:08.35	444	H	06/06/10	BG North West Age Groups	Manchester	Bebington	1
5:15.98	413	H	09/04/10	City of Leeds Nat Qual Meet	Leeds	Bebington	1
5:28.23	368	F	17/01/10	City of Liverpool Meet	Liverpool	Bebington	1

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