

Individual Best Times (All Time)

Tom Rudd - (175529) - Plymouth Leander SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:15.38	454	F	15/12/12	Plymouth L1 Long Course Open Meet	Plymouth	Plymouth Lea	1
5:19.71	436	F	14/07/12	Plymouth Leander Non National Qualifier	Plymouth	Plymouth Lea	3
5:20.15	434	H	09/06/12	British Gas ASA SWR Age Groups Champs	Millfield	Plymouth Lea	1
5:22.82	423	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Plymouth Lea	1
5:22.99	423	H	19/06/11	British Gas SWR Age Group Championships	Millfield School	Plymouth Lea	1
5:23.69	420	F	18/12/11	Plymouth Leander Long Course Open	Millfield	Plymouth Lea	1
5:24.69	416	H	28/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	Plymouth Lea	1
5:24.69	416	H	31/03/12	City of Sheffield Premier Meet	Sheffield	Plymouth Lea	1
5:28.31	402	H	26/03/11	City of Sheffield Premier Meet	Sheffield	Plymouth Lea	1
5:28.52	402	F	19/12/10	Plymouth Leander Open	Millfield	Plymouth Lea	1
5:30.16	396	F	21/01/12	Exeter City Level 1 Open Meet	Cardiff	Plymouth Lea	1
5:30.39	395	H	20/06/10	BG South West Age Groups	Millfield	Plymouth Lea	1
5:42.86	353	H	27/03/10	City of Sheffield Premier	Sheffield	Plymouth Lea	1
5:50.38	331		20/12/09	Plymouth Leander Open Mt	Millfield	Plymouth Lea	1
6:03.09	297	H	13/06/09	South West Region Age Grps	Millfield	Plymouth Lea	1
6:04.87	293	H	28/03/09	Sheffield Premier Meet	Sheffield	Plymouth Lea	1
6:11.08	279		07/12/08	Plymouth Leander Open	Millfield School	Plymouth Lea	1

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