

Individual Best Times (All Time)

Miriam Valaine - (1701065) - Barking & Dagenham Aquatics Club - 100 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:36.10	155	F	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London		3

Swims in Date Order

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