

Individual Best Times (All Time)

Miriam Valaine - (1701065) - Barking & Dagenham Aquatics Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
49.70	157	F	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford		3
50.16	153	F	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London		3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
50.16	153	F	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London		3
49.70	157	F	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford		3